

Scenic Pacifica Incorporated Nov. 22, 1957

CITY OF PACIFICA

Parks, Beaches and Recreation Commission

1810 Francisco Avenue • Pacifica, California 94044-2506 www.cityofpacifica.org

Wednesday. February 24, 2021

Virtual Meeting via Zoom Link: https://zoom.us/j/95832189618

MAYOR

Deirdre Martin

MAYOR PRO TEM
Sue Beckmeyer

COUNCIL
Sue Vaterlaus
Mary Bier
Mike O'Neill

CORONAVIRUS DISEASE (COVID-19) NOTICE

THIS MEETING WILL BE CONDUCTED PURSUANT TO THE PROVISIONS OF THE GOVERNOR'S EXECUTIVE ORDER N-25-20 AND N-29-20 WHICH SUSPEND CERTAIN REQUIREMENTS OF THE BROWN ACT AND PURSUANT TO THE ORDERS OF THE HEALTH OFFICER OF SAN MATEO COUNTY DATED MARCH 16, 2020, MARCH 31, 2020, APRIL 29, 2020 AND MAY 15, 2020. THIS MEETING IS NECESSARY SO THAT THE CITY CAN CONDUCT NECESSARY BUSINESS AND IS PERMITTED UNDER THE ORDER AS AN ESSENTIAL GOVERNMENTAL FUNCTION.

Consistent with the above-referenced Orders, this City Committee Meeting will not be physically open to the public and Committee Members and staff will be video/teleconferencing into the meeting. To maximize public safety while still maintaining transparency and public access, members of the public can observe and participate in the meeting as detailed below.

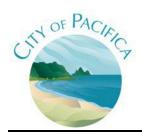
- To Observe the Meeting: https://zoom.us/j/95832189618
- To access the meeting by computer/smartphone, go to:
- To dial-in via phone +1 (669) 900-6833

Then webinar ID: 958 3218 9618

How to Submit Public Comments:

- **During the Meeting:** Live verbal public comments may be made by members of the public joining the meeting via Zoom (computer, smartphone/tablet app, or phone). Zoom access information is provided above. Use the "raise hand" feature (for those joining by phone, press *9 to "raise hand") during the public comment period for the agenda item you wish to address. City staff will call on people to speak by name provided or last 4 digits of phone number for dial-in attendees. Please clearly state your full name for the record at the start of your public comment. You will have 3 minutes to speak unless modified by the meeting chair.
- Before the Meeting: Written public comments for the record may be submitted in advance by 4:00 p.m. on the meeting date by email to: seeleyk@ci.pacifica.ca.us and will be made part of the written record but will not be read verbally at the meeting. Written public comments submitted by email should adhere to the following:
- Clearly indicate the Agenda Item No. or topic, or specify "Oral Communications" in the Subject Line for items not on the agenda
- o Include the submitter's full name.

Note: The format of this meeting may be altered or the meeting may be cancelled, if needed. You may check on the status of the meeting by visiting the City's website at www.cityofpacifica.org for any updates.



AGENDA Parks, Beaches, and Recreation Commission City of Pacifica

Regular Meeting – 7 PM

WEDNESDAY, February 24, 2021

VIA Zoom: https://zoom.us/j/95832189618

CALL TO ORDER 7:00 PM REGULAR MEETING

I. PLEDGE OF ALLEGIANCE

II. ROLL CALL

III. <u>APPROVAL OF MINUTES</u> Regular Meeting 01/27/2021

IV. ADOPTION OF AGENDA

V. SPECIAL PRESENTATION

Senior Services Update by Recreation Manager Amy Andonian.

VI. ORAL COMMUNICATION

This is the time set aside for the public to address the Commission on items not appearing on the agenda, public input will be considered for items at this time. Please state your name for the record when addressing the Commission. Statements will be limited to three (3) minutes.

VII. ITEMS FOR CONSENT

None

VIII. ITEMS FOR CONSIDERATION

None

IX. REPORTS, ANNOUNCEMENTS, AND CORRESPONDENCE FROM COMMISIONERS

X. REPORTS FROM STAFF

Director Michael Perez

XI. ADJOURNMENT

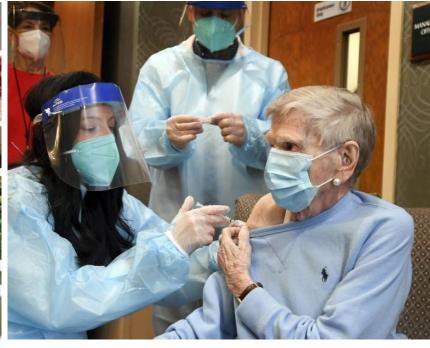
Next Study Session:

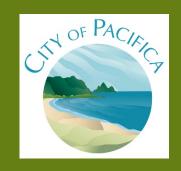
Next Regular Meeting: 03/24/2021

The City of Pacifica will provide special assistance for disabled citizens upon at least 24 hour advance notice to the City Manager's office (738-7301). If you need sign language assistance or written material printed in a larger font or taped, advance notice is necessary. All meeting rooms are accessible to the disabled.









CITY OF PACIFICA — SENIOR SERVICES

PRESENTATION BY AMY ANDONIAN, RECREATION MANAGER



NEW LEADERSHIP: A LITTLE INFO ABOUT ME...

- Moved to Pacifica with my husband and two kids (ages 10 and 12) three years ago
- Originally from Chicago, IL... came out to CA to attend Stanford University in 2002
- Majored in Human Biology, with concentrations in Gerontology and Public Health
- 15+ years of experience in the nonprofit / aging services sector in the SF Bay Area
- Held various leadership roles at Catholic Charities of Santa Clara County, Institute on Aging, and Avenidas before coming "home" to Pacifica Senior Services!









OVERVIEW OF PACIFICA SENIOR SERVICES:

Programs and services currently being provided include:

- "Grab & Go" lunches, Monday through Friday from 11:30am 12:30pm for seniors 60+ years of age. You can drive to the east side parking lot and you don't even have to get out of your car!
- Shopping & Assistance for Seniors Homebound (SASH): This service pairs a SASH volunteer with a senior who cannot shop due to limited mobility, lacks in-home support or transportation.
- Meals on Wheels deliveries daily for seniors homebound with severe medical conditions that have put them at nutritional risk.
- Subsidized rides to medical appointments through the CaRS transportation program, which utilizes Serra Cab as our vendor and is considered an essential service.
- Virtual Programming: Fun activities to do at home while we all continue to shelter in place (i.e. coffee chats, bingo games, Zumba and tai chi classes, educational workshops, art sessions, etc.)

"MORE THAN JUST A GOOD MEAL..."











FUNDING SOURCES

Our senior programs and services are supported by:

- City of Pacifica General Fund \$\$
- Older Americans Act grants administered by the County of San Mateo.
- COVID Relief Funding (i.e. CARES and FFCRA grants) administered by the County of San Mateo
- Voluntary client fees/donations (no one is ever turned away due to inability to pay)
- Seniors in Action (SIA) donations to our Giving Tree program
- Private foundation grants (i.e. Pacificans Care)
- Total Budget for FY20-21: \$732,117

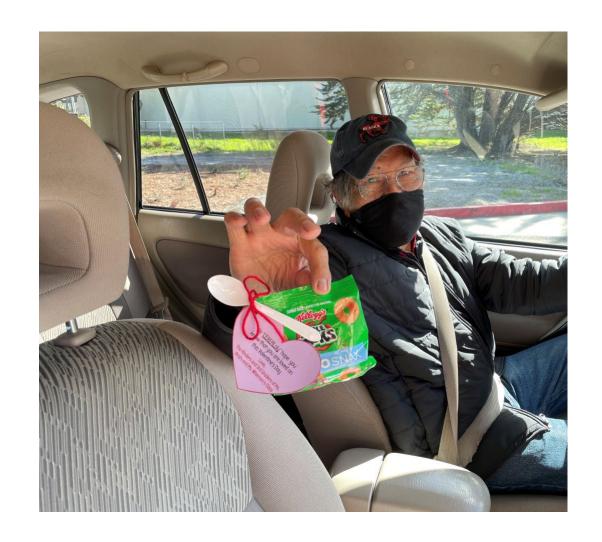
MEALS ON WHEELS

- Hot, nutritious meals delivered on Mon-Fri to 90-110 Pacifican seniors
- 7 routes covering the entire City
- Volunteers and staff conduct regular client assessments and welfare checks
- Frozen meals are provided on Fridays to some individuals with special circumstances for weekend/holiday consumption
- For many, the trusted MOW volunteer or staff member who shows up every day with a meal and a smile is the only person they see or speak with all day



GRAB & GO MEALS

- Hot, nutritious meals provided on Mon-Fri to 80-90 Pacifican seniors
- This takes the place of our congregate lunch program during COVID
- Clients drive by the Center to pick up the meals each day and interact with the volunteers and staff members
- Again, for many, the trusted volunteer or staff member who gives them the meal every day is the only person they see or speak with all day
- Special activities and treats provided on holidays and special occasions



CHALLENGES & OPPORTUNITIES AHEAD

- Ensuring that all of Pacifica's seniors receive the COVID vaccinations
- Re-opening the Center when it is safe and legally appropriate to do so
- Planning for City Hall staff to move over to the Center for 18 months (while City Hall is being rehabbed)
- Determining the new mix of COVID and post-COVID programs and services to offer
- Continuing the projects of the Age Friendly Pacifica Initiative
 - Particular focus on transportation, social inclusion, and housing
- Re-imagining and re-vamping our Seniors in Action membership program for the Center
- Increasing participation in Pacifica's senior services especially figuring out how to attract more younger seniors (i.e. Baby Boomers)

HOW CAN YOU HELP?



- Serve as ambassadors and advocates for Pacifica Senior Services, learning about our programs and helping us spread the word about them so we can serve more seniors
- Volunteer for our Meals on Wheels or SASH programs once a week (or more)
- Connect us with potential new donors and funders so we can raise more \$\$
- Invite us to come speak about Pacifica
 Senior Services to community groups that you're involved with, like Rotary or Kiwanis

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." – Margaret Meade



https://www.youtube.com/watch?v=moNb0zplo8l

Unity Project – Four Directions Mural

Beautification Advisory Committee Public Hearing:

Wednesday, March 3, 2021, 6:30pm on Zoom

East Wall, direction of the rising sun, spring, children & new beginnings. Artist: Danielle Gustavson

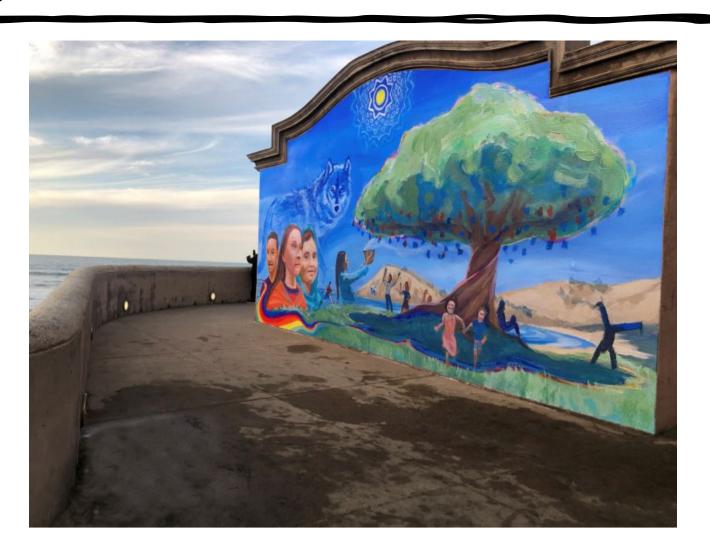




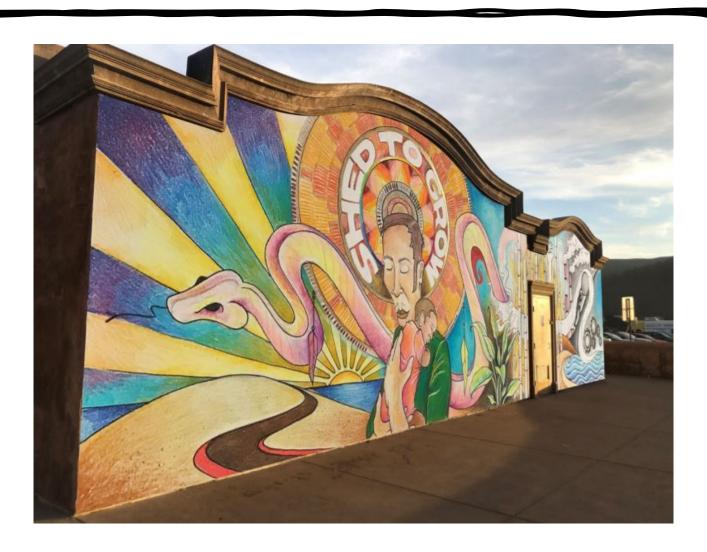
North Wall, Homage to Ancestors, Elderlies and Grandparenthood. Artist: Jeffrey Wong



South Wall, Wishing Tree/Tree of Life. Artist: Jason Budowski



West Wall, Shed to Grow. Artist: Robert Louthan



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