



# **AGENDA**

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## **Parks, Beaches and Recreation Commission City of Pacifica**

**WEDNESDAY, JULY 19, 2017  
CITY COUNCIL CHAMBERS  
2212 Beach Boulevard**

**7:00 – CALL TO ORDER**

**7:30 PM REGULAR MEETING**

- I PLEDGE OF ALLEGIANCE**
- II ROLL CALL**
- III APPROVAL OF MINUTES** Regular Meeting June 28, 2017
- IV ADOPTION OF AGENDA**
- V SPECIAL PRESENTATION**
  
- VI ORAL COMMUNICATIONS**  
This is the time set aside for the public to address the Commission on items not appearing on the agenda, public input will be considered for items at this time. Please state your name for the record when addressing the Commission. Statements will be limited to three (3) minutes.
- VII ITEMS FOR CONSENT**
  - A) Administrative Narrative
  - B) Aquatics Update
  - C) Child Care Update
  - D) Recreation, Youth and Teen Program Update
  - E) Senior Services and Food Services Update
- VIII ITEMS FOR CONSIDERATION**  
What's Next? - Future Topics for Consideration
- IX REPORTS, ANNOUNCEMENTS AND CORRESPONDANCE FROM COMMISSIONERS**
- X REPORTS FROM STAFF**
  - A) Director Perez
- XII ELECTION OF CHAIR AND CHAIR PRO-TEM**
- XIII ADJOURNMENT**

**Next Study Session:** TBD

**Next Regular Meeting** August 30, 2017 (5<sup>th</sup> Wednesday)

**The City of Pacifica will provide special assistance for disabled citizens upon at least 24 hour advance notice to the City Manager's office (738-7301). If you need sign language assistance or written material printed in a larger font or taped, advance notice is necessary. All meeting rooms are accessible to the disabled.**



## Minutes Parks, Beaches and Recreation Commission City of Pacifica

### **REGULAR MEETING – 7 PM**

Wednesday, June 28, 2017  
City Council Chambers  
2212 Beach Blvd.  
Pacifica, CA 94044

### **CALL TO ORDER:**

Chair Mau called the meeting to order at 7:00 PM.

#### **I PLEDGE OF ALLEGIANCE:**

The Pledge of Allegiance was led by **Commissioner Abbott**.

#### **II ROLL CALL:**

Commissioners Present: Chair Mau, Commissioners  
Abbott, Bier, Cochran, Kellogg, and Murphy

Commissioners Absent:

Commissioners Excused: Commissioners Yakabe

Staff Present: Director Michael Perez, Acting Supervisor Phipps

#### **III APPROVAL OF MINUTES:**

Chair Mau called for a motion to approve the minutes of the 4/26/17 meeting.

**Motion was made by Commissioner Abbott, seconded by Commissioner Kellogg, motion carried 6-0.**

#### **IV ADOPTION OF THE AGENDA:**

Chair Mau called for a motion adopting the order of the agenda. **Commissioner Murphy made a motion to adopt the agenda, seconded by Commissioner Cochran, motion carried 6-0.**

#### **V SPECIAL PRESENTATIONS:**

None

#### **VI ORAL COMMUNICATIONS:**

None

#### **VII ITEMS for CONSENT:**

None

#### **VIII ITEMS FOR CONSIDERATION:**

**Recommendation of Proposed Bicycle/Pedestrian Advisory Committee (BPAC) Projects for Transportation Development Act (TDA) Article 3 Grant Funding.**- Per City Council's previous meeting, the PB&R Commission is now also the Bicycle/Pedestrian Advisory Committee (BPAC). **Evan Albert, Deputy Director**

**of Public Works and Engineering, and Ryan Marquez, Associate Engineer** presented an overview of projects staff is recommending that the BPAC support via a letter of recommendation to receive Transportation Development Act (TDA) Article 3 Grant Funding. They presented information on the project recommendations which include updating the City's current bicycle master plan and renovation of the Rockaway Beach to Pacifica State Beach multi-purpose beach trail.

**Commissioner Bier-** Inquired about viewing the master plan. Other attendees offered to show her the copy they have. She then asked who has identified the projects. **Deputy Director Albert** replied saying they worked with city council. She then asked if there would be an assessment done and both **Mr. Albert and Mr. Marquez** replied that there would be a comprehensive assessment of current bike and pedestrian networks.

**Commissioner Cochran-** Asked if there would be meetings going forward to get more information and recommendations.

**Director Perez-** Added that he has experience being the liaison for the bicycle advisory committee. The main reason to have an advisory is to apply for grants like the one currently being offered. The issue is that there is not enough work to be done on a regular basis for the advisory. **Director Perez** then asked when they would find out the results from the request.

**Deputy Director Albert-** Replied saying, July 10. They need to get a recommendation from BPAC and Council support. Then applications are due on July 14 and they will know the outcome in November.

**Commissioner Cochran-** Then asked if there is a set amount the city would put in and where the grant was coming from. **Mr. Albert** then replied stating that they do not know what the match is going to be yet but the grant funds would be coming from the state, regional, and county.

**Commissioner Murphy-** Asked if Palmetto Avenue was ever considered one of the projects. Evan and Ryan replied saying they believed that to be an independent project.

**Chair Mau-** Suggested that BPAC be a regular agenda item.

**Commissioner Abbott** made a motion to recommend as BPAC they write letters of support for the proposed funding for a bike and pedestrian plan and renovation to the Rockaway to Pacifica State Beach Pedestrian walkway, seconded by

**Commissioner Bier**, motion carried 6-0.

## **IX REPORTS FROM COMMISSIONERS:**

**Commissioner Kellogg** – Announced that he attended the Junior Olympics and thought it was run well.

**Commissioner Bier-** Announced that she was excited about getting to speak with YAB members and looks forward to meeting the new ones joining in the fall. She was also going to be at the Fourth of July Celebration and participating all day.

**Commissioner Cochran** – Mentioned that there have been a few rouge surf camps. He asked that they apply for a license through the proper channels or join one of the four that are already here. He also talked about the homeless encampments in parks and beaches and believed we should do a study session to talk about the issue.

**Commissioner Abbott** – Attended the Palmetto Street Scape ground breaking planned by Samantha on the Economic Development Committee and said it was a great event. There should be another event when the project is done in November. Library advisory committee will be meeting July 12<sup>th</sup> at Sharp Park Library. They have come up with 20 sites as possible locations for the library in the city and will be discussing and rating them. She also drafted up a poster for each of the firework stands reminding people to take their litter with them after 4<sup>th</sup> of July festivities.

Lastly, she spoke about the Kahuna Kapuna surf contest happening on July 22.

**Commissioner Murphy** – Spoke about the 4<sup>th</sup> of July Celebration coming up and its value for getting information out.

**Chair Mau** – Attended the Giving Tree reception to thank donors to Senior Services. He also attended the SIA council meeting and joined in the PBR Commission presentation to City Council and said it went well. Lastly, he attended a San Francisco Park and Rec, park dedication, and spoke with some individuals about an off leash dog area on Sharp Park Beach. He thought Pomo Park or Edgemar Park could be a possible park for off leash.

## **X REPORTS FROM STAFF:**

### **Director Perez:**

In response to Commissioner Cochran's comments about Homelessness, mentioned that the Police Department was coming to a City Council meeting with a staff report regarding this issue. It was also identified by Council as a priority in their work plan this year.

Responded to Commissioner Cochran's comment about there being 4 permitted surf camps – Nor Cal surf shop does not have an active permit and should not be holding small surf camps. They paid for their 2016 permit long after the summer, and have not paid for their 2017 permit, or turned in any paperwork.

Recapped the Commission Annual Report, mentioning that the "What's Next?" section of the presentation could help guide Commission through this year in terms of agenda items.

City Council adopted the budget on Monday night, the 26<sup>th</sup> of June.

Thanked Commissioner Kellogg for attending Junior Olympics.

Tracy Gilbert and Beth Phipps are continuing as Acting Supervisors. We have also hired a lot of part time staff for the summer, and have done a lot of training recently.

PLAY brochure is due to printers on 7/24, will be in the mail the first week of August and registration for fall starts 8/14.

Gave an update on the Rediscovering America/Portola Expedition Anniversary and announced a County of San Mateo reception on August 2<sup>nd</sup>.

Responded to Commissioner Mau comment about an EIR for a proposed off leash at Sharp Park beach – once was done in 2002.

Highlighted July PB&R activities that were also shared at the City Council 6/26 meeting as part of the "July is Parks and Recreation Month" proclamation.

**Commissioner Bier** – Stated, if we do have a study session in regards to the homeless encampment issues, she recommends that we have the resource center join the session as the coordinators of the counts and data collection. Also asked about the time frame for the Terra Nova pool, which Director Perez answered saying 6 months or more. She lastly asked about the Pacifica State Beach fencing. Director Perez stated that it is up and looks great.

Correspondence

None

**NEXT STUDY SESSION: TBD**

**NEXT MEETING:**

**Regular Meeting – July 19, 2017**

**XII ADJOURNMENT:**

Chair Mau asked for a motion to adjourn the meeting. Commissioner Murphy made the motion to adjourn, seconded by Commissioner Cochran. The motion passed 6-0 and the meeting adjourned at 8:07pm.

Respectfully submitted,  
Beth Phipps  
Acting Recreation Supervisor

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Parks, Beaches & Recreation Commission  
Michael Mau, Chair



# *Staff Report*

Item VII. A)

Date: July 19, 2017  
To: Members of the Parks, Beaches and Recreation Commission  
From: Michael Perez, Director  
Subject: Administrative Update

On the following pages you will find information on our most recent quarter of programs and events, put together by department staff. There has been quite a lot of activity over the past few months, and I would like to thank all of our staff for their hard work and efforts in helping to deliver services to the community. Summer is in full swing with programs, classes and events happening throughout the department. In October we will have quarterly reports which will include a full recap of summer activities.

## **PLAY**

The final touches to the Fall PLAY are currently being made, with the final product scheduled to be delivered to the printer on July 24<sup>th</sup>. It will be mailed out to Pacifica residents the first week of August and registration for Fall classes and activities begins on August 14<sup>th</sup>.

## **Rediscovering America/Portola Discovery Hike 250<sup>th</sup> Anniversary**

A committee focusing on Pacifica as it relates the Ohlone/Portola Heritage Trail Committee with members from GGNRA, OSPC, PB&R Commission, PHS, Sister City, along with Planning Dept. staff have met twice. Our group is working on the trail route within Pacifica, as well as discussing planning for the eventual anniversary. There have also been some subcommittee meetings to discuss the actual route vs. a practical route. The larger county group is meeting quarterly.

San Mateo County Supervisors Don Horsley and Carole Groom are hosting a special reception of Ohlone/Portola Heritage Trail Committee (new name) on August 2, 2017 from 6:30-8:30 p.m. at the San Mateo County Historical Museum. There will be updates on the group's efforts, educational presentations, and a wine and cheese reception to network with each other and celebrate this efforts progress. If any commissioners are interested in attending, let staff know.

## **Pacifica's 60<sup>th</sup> Anniversary**

November 22, 2017 will mark the 60th Anniversary of incorporation for the City of Pacifica. A group of City of Pacifica staff members and representatives from local organizations have had a few meetings to discuss plans for how to commemorate and celebrate this milestone. So far, plans for celebration include the following:

- City Open House – on Saturday, November 18<sup>th</sup>, 2017 (from 11am-3pm tentatively) we are planning to have an “open house” at the Pacifica Community Center. This will be a time for City departments, as well as Pacifica non-profits and local organizations, to host a table with information on their organization. There will be activities, fun, food and drink available. We would also like to have a drawing during the event using items donated by participating organizations.
- Highlighting Events During the Year – local groups, businesses and organizations hosting events over the next year may consider connecting those events to the City’s 60th Anniversary. The City is very interested in helping to promote these activities as well and will have a “landing page” on the City’s website showcasing and listing these events.
- We are putting together a list of “60 great things about Pacifica,” and welcome input from your organization. This will be an updating/editing of the current “50 things” currently on our website
- The Chamber of Commerce and the Lion’s club are hosting a banquet in honor of the anniversary on November 18<sup>th</sup> – more information to follow.

### **Snowy Plover Permanent Fencing**

In May the permanent fencing for the Snowy Plovers was installed on the west side of the multi-purpose trail from the north parking lot to the dry creek “trail” north of the Crespi Dr. entrance at Pacifica State Beach. Funding for this project was paid for through a US Fish and Wildlife grant as well as City of Pacifica Capital Improvement funding. There are plans to install signs and paintings (by Ocean Shore students) in the near future. Staff will announce information regarding these plans to the Commission it becomes available.

### **Poet Laureate**

Our new Poet Laureate Camincha Bienvenuto has been busy hosting regular poetry readings at Florey’s bookstore. She has also written three poems this year which can be found on our department’s special event page under “Poetry Corner” at [http://www.cityofpacific.org/depts/pbr/special\\_events/default.asp](http://www.cityofpacific.org/depts/pbr/special_events/default.asp)

### **Crespi Sanitary Sewer Main Repair Project**

Public Works/Waste Water has applied for an emergency Coastal Development permit to replace the existing 12” sewer main line from Anza Pump Station to Linda Mar Pump Station at the Pacifica State Beach North and South Parking Lot.

The project will tentatively commence in the summer of 2017. The construction is expected to last 12 weeks. During construction, some parking will be restricted within the project limit to allow construction crews full access to the work site as well as for the safety of the public using the parking lot.

Barricades with “No Parking” signs will be placed 72 hours prior to the start of work and remain until the work is complete. Parking restrictions will be for the duration of the project. Please help us ensure that the parking lot is safe during construction.

PB&R staff will be working with PW/WWTP staff to ensure communication with the public, including beach users happens appropriately. We are also concerned about making sure the impact, if any, to the September surf contest is minimal.

### **Upcoming Events**

- Inflatable Family Fun Run at Frontierland Park – Thursday, August 17 – 4-7pm
- Seniors Services Membership Renewal Kick off – month of September
- Fog Jog Run and Stride – Sunday, August 17 – 4-7pm at Salada and Francisco
- Family Fun Fest – Sunday, August 17, 1-4pm at IBL School field
- *YAB High School Fair* - Thursday, October 5, 6:30-8:00pm at the Community Center
- *Parents' Night Out* - Saturday, October 7, 5:00-11:00pm at the Community Center
- *Seniors Services Annual Spaghetti Feed and Silent Auction* – Saturday, October 14
- *Halloween Spooktacular* - Saturday, October 28, 4:30-8:30pm Sunday, October 29, 5:00-7:00pm





# Staff Report



Item VIII. B) July 19, 2017

TO: Members of the Parks, Beaches and Recreation Commission

FROM: Beth Phipps, Acting Recreation Supervisor  
Anthony Schriver, Aquatic Recreation Coordinator

SUBJECT: **AQUATICS UPDATE**

At this time, we have 212 swimmers on the swim team - 128 are on the pre-competitive team and 84 are on the competitive team. In April the swim team competed in one meet, in May, two meets and in June, one.

Eleven new lifeguard/swim instructors were hired during this quarter for summer programs. These Lifeguards were properly trained by City of Pacifica/American Red Cross Lifeguard Instructors. These lifeguards teach swimming lessons, help run the Wet & Wild Camps, lifeguard lap swim programs, lifeguard recreation swim programs, and lifeguard our pool party program.

Due to their pool being renovated, last year the Jefferson Union High School District and the PB&R Department teamed up to plan on how to share the pool space and times where their teams could practice and have minimal impacts on our programs. This was very successful last school year, and we will continue this practice until the renovation at Terra Nova is complete.

The Terra Nova Water Polo Team will be practicing M-F 3:30-5:30pm from August 7<sup>th</sup> – October 27<sup>th</sup>. The Coast Side Tiger Sharks (CSTS – a masters swim team) team continues to hold workouts Tuesday and Thursday mornings that are open to the public. At this time, the renovation is scheduled to finish by the end of the calendar year; however, if it does not, we will once again share space with the Terra Nova Swim Team.

The City of Pacifica created a letter of understanding between the CSTS and the City of Pacifica underlining terms and conditions of use while holding workouts at the Jean E. Brink Pool. We are pleased to have Pacifica based programs going on at the Jean E. Brink Pool

while the Terra Nova High School Pool continues to be renovated.

When sharing the pool our PSL program was brought down to 3 lanes for practices. We have also had to cancel Thursday evening swimming lessons, and All Access Membership (AAM) swimming for 8 dates due to water polo matches. We will again extend the AAM membership by 10 days due to missing dates of their lap swimming. Unfortunately the aquatics unit will not be offering Thursday evening swimming lessons due to water polo matches.

Water Zumba continues to be a hit on Wednesday evenings 8-9pm. We had 23 participants in our 4/05-5/03 session, 16 participants in our 5/12-6/07 session, and 10 participants in our 6/21-7/19. We hope that these participation numbers continue to grow as this class is the "Pool party" workout with Latin rhythms.

**2017 Spring Swim Lessons Monday, Tuesday, Wednesday, Thursday & Saturday**

	<b>Tiny Tots</b>	<b>Children</b>	<b>Adults</b>	<b>Semi-Private</b>	<b>Private</b>
Monday	5	N/A	5	2	N/A
Tuesday	N/A	51	N/A	5	1
Wednesday	6	17	N/A	16	N/A
Thursday*	N/A TN HS	N/A TN HS	N/A TN HS	N/A TN HS	N/A TN HS
Saturday	8	35	0	20	4
<b>2017</b>	<b>19</b>	<b>103*</b>	<b>5</b>	<b>49</b>	<b>7</b>
2016	19	131	10	58	7
2015	20	111	7	58	7
2014	23	115	6	52	5
2013	24	157	6	54	6

**\*Terra Nova High School programs impacted our lessons program greatly. Terra Nova held all meets on Thursdays, resulting in a decrease in participants in swim lessons for the spring.**

<b>Little Bobbers Mon, Wed &amp; Sat</b>	<b>2017</b>	<b>22</b>
	2016	19
	2015	17
	2014	24
	2013	25

**Brink Pool Rental: April through June**

Two Hour Rentals – 18  
 Three Hour Rentals –4  
 One Day Swim Meet-- 1

### **Swim Team**

Membership	<b>2017</b>	2016	2015	2014	2013	2012	2011	2010	2009
Sea Lions - \$72/month	<b>84</b>	74	77	100	112	112	88	71	95
Pre-Comp-\$62/month	<b>128</b>	124	91	103	66	86	35	N/A	

### PSL Practice Times

Sea Lions 4-6:15 PM – Monday-Friday  
Pre Comp 6:15-7 PM – Monday-Thursday

There are tryouts held the last week of every month for new participants to join the pre competitive swim team.

### **Daytime Aquatics Programs Monthly Participation Totals**

	<b>April 2017</b>	<b>May 2017</b>	<b>June 2017</b>
Senior Aqua X	241	220	270
Senior Lap Swim	506	444	498
Adult Aqua X	104	80	42
Adult Lap Swim	680	710	840
AAM	385	520	620

### **Daytime Drop-In Program Times**

Oceana Pool

M-F 5-8 AM

M-F 10-2 PM\* These hours were modified to work around the High School Swim Schedule for the months of March, April and May

Sun 11-1 PM

Sat 8-9:30 AM

### Recreation Swim April 2017

<u>Day/Time</u>	<u>Total Meetings</u>	<u>Attendance</u>	<u>Avg. per Mtg.</u>
Monday 7-9 pm	4	240	60
Wed 7:30-9 pm (adult)	5	160	32
Friday 7-9 pm	4	244	61
Saturday 1-3 pm	4	320	80
Sunday 1-3 pm	4	155	39
<b>2017</b>	<b>21</b>	<b>939</b>	<b>45</b>
2016	22	925	42
2015	19	935	50
2014	19	1032	54
2013	20	1294	65

### Recreation Swim May 2017

<u>Day/Time</u>	<u>Total Meetings</u>	<u>Attendance</u>	<u>Avg. per Mtg.</u>
Monday 7-9 pm	4	120	30
Wed 7:30-9 pm (adult)	5	130	26
Friday, 7-9 pm	4	421	105
Sat. 1-3 pm	4	240	60
Sun. 1-3 pm	4	320	80
<b>2017</b>	<b>21</b>	<b>1231</b>	<b>59</b>
2016	21	1128	53
2015	22	1070	49
2014	21	1380	66
2013	18	1050	58

### Recreation Swim June 2017

<u>Day/Time</u>	<u>Total Meetings</u>	<u>Attendance</u>	<u>Avg. per Mtg.</u>
Monday 7-9 pm	4	404	97
Wed 7:30-9 pm (adult)	4	260	47
Friday, 7-9 pm	5	254	70
Sat. 1-3 pm	4	202	49
Sun. 1-3 pm	4	240	57
Mon-Fri 1-3 PM	2	148	69
<b>2017</b>	<b>23</b>	<b>1508</b>	<b>65</b>
2016	<b>23</b>	<b>1466</b>	<b>64</b>
2015	28	1412	51
2014	28	1499	54
2013	31	2013	65

Brink Pool is open for recreation swim on the following days:

Monday thru Sunday 1-3 PM

Through August 6, 2017

Youth (17 and under)	\$5.00 per swim	\$85 discount pass (good for 20 swims)
Adult (18-59)	\$6.00 per swim	\$99 discount pass (good for 20 swims)
Seniors (60+)	\$5.00 per swim	\$85 discount pass (good for 20 swims)



# Staff Report

Item VII. C

Date: July 19, 2017  
To: Members of the Parks, Beaches and Recreation Commission  
From: Tracy Gilbert, Interim Child Care Services Supervisor  
Subject: CHILD CARE PROGRAM UPDATE

## **Program Update**

The Child Care division attended an in-service training in June hosted by the California School-Age Consortium (**CaISAC**) on the topic of *Developmental Trends*. This module was developed as part of the California Department of Education/Child Development Division School-Age Training Project to incorporate social-emotional learning, character building and Quality Standards for Expanded Learning in California. During this training, participants learned about the physical, cognitive, and social-emotional developmental trends that are associated with different age-groups (K-8) and how these trends relate to day-to-day programming.

Over 30 Child Care employees attended this training. Participants who attended the training 'clocked' 2 hours of professional development to add to their Professional Growth Plan & Record. Child Care employees that hold a Teaching Permit from the Commission on Teacher Credentialing must clock a minimum of 105 hours of professional development to renew their permit for an additional 5 year period.



## **Summer 2017**

The summer of 2017 is shaping up to be another busy season in the Child Care division. The program has partnered with both the Kick-Off to Kindergarten (K2K) and ThinkBridge programs to offer before and after care for families with children attending these summer programs. Additionally, Child Care is partnering with the Leaders in Training Education (LITE) program for the 15<sup>th</sup> summer.

During the summer of 2017 there are three school-age programs operating: Sunset Ridge, Cabrillo and Vallemar and two full day preschool programs open at Fairmont West and Vallemar. There are weekly themes and special site events taking place throughout the summer, including the annual "Wild Animals" assembly, several walking trips and local nature field trips. There will also be Child Care field trips to the Cull Canyon East Bay Regional Park, Contra Loma Regional Park as well as the end of the summer BBQ at Frontierland Park.

The Child Care and Recreation divisions have teamed up again to offer additional summer options for the Child Care children - summer recreation trips; with pick-up points at both Vallemar and Fairmont Park (near the Sunset Ridge site) and week-long swim lessons through the Aquatics division; with pick-up and drop-off service by Child Care staff. In addition, LITE volunteers have been assigned to all three Child Care school-age summer locations and will be involved with sports, games, arts and crafts, and summer trips.



## **Pacificans Care Summer Scholarships**

For the 10<sup>th</sup> year in a row the PB&R Department is offering summer scholarships to all the subsidized children in the Child Care program. There is a total of \$6,000 in scholarships and this summer qualified families can apply for \$100 scholarships per child. Children may attend the out-of-town summer trips or take free swim lessons at Brink Pool throughout the summer. Scholarships can also be used for teens to take part in the summer LITE program. These scholarships were also made available to children in the community at large that qualify for the program who do not attend Child Care programs. These opportunities are made possible through funds donated by Pacificans Care.



# Staff Report



Item VII. D)

DATE: July 19, 2017

TO: Members of the Parks, Beaches and Recreation Commission

FROM: Michael Moran, Recreation Coordinator

SUBJECT: Youth and Teens Recreation, Special Events and Community Center Rentals Update

## Youth & Teens

### Cabrillo After-School Program

The Cabrillo After-school Program is open Monday, Tuesday, Thursday and Friday from 3:00-5:30pm and Wednesday 1:45-4:15pm during the school year. The activities and trips planned by the Recreation Staff are geared to allow the participants to be able to express their sense of self and remain physically and emotionally energized. There were 27 registered participants during the last two months of the school year.

Starting September 2017, we are happy to announce that we have partnered with Vallemar school to offer a second program on their campus.



### J-Teen Dances

J-teen dances are held at the Community Center one Friday a month from 7:00 to 9:00 PM during the school year. These dances are one of the few opportunities for Pacifica middle school youth to socially interact with students from other schools. Appropriate current music is provided by contracted DJ, "Mr. Art." The dances are supervised by PB&R Recreation staff. Our last dance for the school year took place on Friday, June 2, 2017 and was an emotional time for all 8<sup>th</sup> graders who were sad to know that this was their last J-Teen dance before entering high school.

### Future Dance Dates

September 8, 2017

October 6, 2017

November 17, 2017

*December 15, 2017 - tentative*

*January 19, 2018 - tentative*

February 9, 2018

March 9, 2018

April 20, 2018

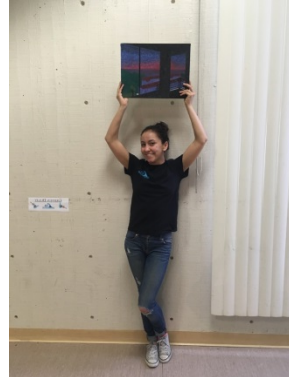
May 18, 2018

June 8, 2018 – LAST DANCE FOR 17/18 SCHOOL YEAR.



**Youth Advisory Board**

The Youth Advisory Board (YAB) concluded the school year on May 17<sup>th</sup> 6:00pm for the 16/17 school year. The 17/18 YAB group of 13 YABs started their term on May 17<sup>th</sup> 6:30pm. They are looking forward to volunteering at J-Teen dance events, the high school fair, the Halloween Spooktacular, the Holiday Lighting, Santa's Workshop and helping at the 2017 Fog Fest parade in September. They are also working on new outreach programs for 17/18.





## Special Events

### Earth Day Beach Clean Up & EcoFest

As part of the Earth Day activities on Saturday, April 22, staff and several YAB members picked up trash around Francisco Blvd.



Later that day, Recreation staff members manned a booth at the EcoFest which took place in the south parking lot of Pacifica State Beach. Staff gave out PB&R Frisbees, sunglasses, tote bags and beach balls but the big hit was the seed planting. We used the same newspaper pots from the Egg Hunt and helped the community prepare their spring gardens with radishes. The event had great weather and our booth went through our 50+ newspaper pots that day!

### Parent's Night Out

In April, the Recreation division hosted a monthly Parent's Night Out event where children in Grades K-8 can come to the Pacifica Community Center for a night of fun arts & crafts, games, dinner, & a movie while their parents have a night on the town or a night in without the kids. Twenty-seven children participated.



### **53<sup>rd</sup> Annual Junior Olympics**

Boys and girls born between the years 2003 and 2010 and who attend school or live in Pacifica were eligible to compete in the 53<sup>rd</sup> Annual Junior Olympics Track and Field Meet.

The Pacifica Lions Club co-sponsored this event, which was free to all participants. The event takes place over the course of three days hosted at Oceana High School Track and Terra Nova High School Track.

Starting in 2018, we will be removing the 400 Dash for Group 2 only. This will match the Group 1 schedule and make it more uniformed.

This year through multiple donations from several schools, private donors, local non-profits as well as a very sizable contribution from the Lions Club, we we're able to purchase a state of the art timing system for the events. We hope to use this system for at least the next 10 years!



This year, Good Shepherd won the Spirit Award, Ortega won the Group 1 & 2 Award and Vallemar won the Group 3 & 4 trophy. Congratulations to every school!

<b>School</b>	<b>2017 Participant Count</b>	<b>2016 Participant Count</b>	<b>Net</b>
Alma Heights	35	52	-17
Cabrillo	89	100	-11
Good Shepherd	43	35	+8
Ortega	59	45	+14
Ocean Shore	90	53	+37
Vallemar	75	84	-9
Sunset Ridge	26	38	-12
IBL	4	4	+0
Other	1	0	+1
<b>Total:</b>	<b>422</b>	<b>411</b>	<b>+11</b>

### NorCal Championship Meet (USATF)

On Saturday, June 17, 2017, 55 athletes from the City of Pacifica participated in the Nor Cal Championship Meet at San Jose City College, San Jose, California.

These athletes qualified for the meet by placing first or second place at the City of Pacifica Junior Olympic Track Meet this past May. The Nor Cal Championship hosted over 400 athletes from Northern California, many of whom train and compete year around.



Congratulations to all of our Pacifica Athletes!



### Adventure Camp – Weeks 1 and 2

Monday, June 19th marked the first day of summer camp! We opened the Oddstad campus site first with three camp groups – Pioneers (ages 5-8), Explores (ages 8-12) and Trailblazers (ages 10-13). On Wednesday, June 21<sup>st</sup> we launched the Summer Field Trip Only program. The Fairmont Park Playground Program called Rangers (ages 8-13) opened on Monday, July 3<sup>rd</sup>.

Campers:

**Week 1:** Pioneers: 33. Explorers: 37. Trailblazers: 11. 1-Day Field Trippers Only: 9.  
All 90 campers went to Six Flags Discovery Kingdom on Wednesday, June 21st.

**Week 2:** Pioneers: 32. Explorers: 42. Trailblazers: 13. 1-Day Field Trippers Only: 7.

Pioneers went to the Oakland Zoo. Explorers, Trailblazers and 1-Day Field Trippers went to the San Francisco Giants Game. Both field trips were on Wednesday, June 28<sup>th</sup>.



## **Upcoming Special Events include**

### ***Inflatable Family Fun Run***

- Thursday, August 17, 2017, 4:00-7:00pm

### ***Family Fun Fest***

- Sunday, September 24, 2017, 1:00-4:00pm

### ***Youth Advisory Board – High School Fair***

- Thursday, October 5, 2017, 6:30-8:00pm

### ***Parents' Night Out***

- Saturday, October 7, 2017, 5:00-11:00pm

### ***Spooktacular***

- Saturday, October 28, 2017 4:30-8:30pm
- Sunday, October 29, 2017 5:00-7:00pm

# Building Rentals

## Pacifica Community Center

Between the months of April and June the Community Center was occupied by the following groups/rentals (this does not include the daily on-goings of the Senior Service Department or the contract classes).

### Regular Permits include:

Sunday	Victory Outreach Pacifica
Monday	Narcotics Anonymous-Serenity by the Sea Pacifica Oldtimers Newcomers Monday AA Women's AA – Comfortable Shoes
Tuesday	SAM CAR Coldwell Banker Fahey Properties meetings (2 <sup>nd</sup> ) Pacifica American Little League (2 <sup>nd</sup> ) Part-Time Recreation Staff meetings (Bi-Weekly)
Wednesday	Pacifica United Soccer Club (1 <sup>st</sup> ) Pacifica Sea Lions Swim Team (3 <sup>rd</sup> ) Pacifica Quilters (2 <sup>nd</sup> ) SAA Meeting
Thursday	Pedro Point Surf Club (Last) Pacifica Toastmasters Pacificans Care (3 <sup>rd</sup> )
Friday	Golden Gate South meeting Alanon Group meeting AlaTeen Group Meeting J-Teen Dances (Once a month)
April Weekend Rentals:	Parents Night Out
May Weekend Rentals:	PALL Poker Night, Pacifica Mothers Club
June Weekend Rentals:	Summer Camp Training, Pacifica Sea Lions Pancake Breakfast, Graduation Party, 15 <sup>th</sup> Birthday Party



# Staff Report



Item VII. E)

DATE: July 19, 2017  
 TO: Members of the Parks, Beaches and Recreation Commission  
 FROM: Jim Lange, Supervisor  
 SUBJECT: SENIOR SERVICES UPDATE April - June 2017

## Funding

### Older American Act Funding

Allocations were released for FY2017-18 Older Americans Act (OAA) funding. San Mateo County received an \$83,000+ overall reduction in OAA funding for FY2017-18. Below are the City of Pacifica's allocations by program compared to FY2016-17. Please note the drastic reductions in OAA funding and the addition of State funding. Transportation took the largest hit as far as units of service reimbursement amount (-\$1.01 per round trip).

Nutrition Program	FY 2017-18 Units of Service	FY 2017-18 Funding	FY 2016-17 Units of Service	FY 2016-17 Funding	Funding Variance
<b>Congregate Nutrition</b>	12,500		12,500		\$0
OAA Funds		\$24,750		\$64,750	-\$40,000
State		\$40,000			+\$40,000
<b>Meals on Wheels</b>	16,977		17,506		-\$529
OAA Funds		\$107,974		\$91,342	+\$16,632
State OTO				\$20,000	-\$20,000
<b>Supplemental MOW</b>	200		500		-\$300
County Trust		\$1,272		\$3,180	-\$1,908
<b>Transportation</b>	5,375	\$8,982	4,472	\$11,976	-\$2,994
General Program Support (County)		\$22,350		\$20,357	+\$1,993
<b>TOTALS&gt;</b>		<b>\$205,328</b>		<b>\$211,605</b>	<b>-\$6,277</b>

### Donations/Sponsorships

- On May 3, Senior Services celebrated 10+ years of our "Giving Tree" donation program by hosting a hors d' oeuvres and dessert reception (that showcased the talents of Chef Cindy Fuentes and our in-house food services team) and provided a short presentation acknowledging Giving Tree donors and showcasing the impact of their contributions. Over 40 donors came to the event. Seniors in



Action Council President Marge Ryan offered inspirational stories about being a Giving Tree donor. PB&R Commission Chair Michael Mau followed with moving remarks and the ceremonial cake cutting. Commissioner Mary Bier also attended the event along with Councilmember Sue Digre, Interim City Manager Keith Breskin, and a number of Pacificans Care board members including former PB&R Director Mari Brumm-Merrill and former Councilmember Ginny Jaquith.



Since the introduction of the "Giving Tree" program, over \$273,000 has been raised including \$123,000 from individuals and businesses and \$150,000 from an endowment. Many donations are made in memory or honor of loved ones. Senior Services also received many program upgrade items from our "Wish List" which is published in "Tidings," the Seniors in Action newsletter. \$2,180 was contributed to the "Giving Tree" between April and June 2017.

- Willie Beebee from Van-Go-Painting donated his services to paint the Community Center auditorium. Senior Services Supervisor asked Willie if he would consider the project and he immediately replied, "This is my community and I love our seniors, so I would be honored." Willie wanted Van-Go Painting to get all the credit. He is a great ambassador for Van-Go and our community. (The City of Pacifica purchased only the paint.)
- American Bingo Software donated the software so our seniors can have Digital Bingo. Our plans are to utilize the new projector and screen to play Bingo on Wednesday's and to remove the old machine from the auditorium. This will make the auditorium more attractive for all visitors and renters and remove distractions such as the hanging bingo board. It will also eliminate maintenance of the board and bingo ball machine.
- Pacificans Care granted our request of \$19,000 to assist with program(s) expenses. This was the first time Senior Services requested general program support instead of program specific funding recognizing that all Senior Service programs are inter-dependent.

#### Administrative Updates

- Senior Services Meals on Wheels / Transportation Coordinator, Ann Cooney, completed a comprehensive, 10-session San Mateo County Leadership Academy training.
- Senior Services Annual (1<sup>st</sup>) Executive Report for the Senior Services Strategic Plan 2016-2020 is being drafted and will be sent to Commissioners upon completion.



**Congregate Lunch Program** (Submitted by Cindy Fuentes, Food Services Coordinator)

**CONGREGATE LUNCH  
FY1617**

	Meals	Contributions
April	1077	\$ 2,025.50
May	1217	\$ 2,477.50
June	1179	\$ 2,332.50
	3473	\$ 6,835.50



**Meals on Wheels (MOW) / Senior Transportation**  
(Submitted by Ann Cooney, MOW and Transportation Coordinator)

Meals on Wheels

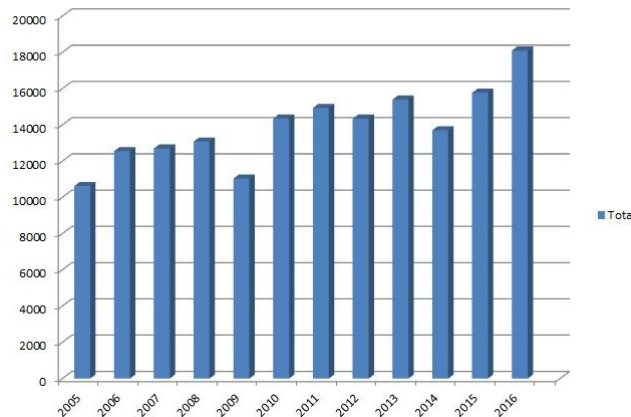
**HOME DELIVERED MEALS/SUPPLEMENTAL HOME DELIVERED MEALS  
FY1516 FY1617**

	FY1516			FY1617		
	Clients	Meals	Contributions	Clients	Meals	Contributions
April	84	1516	\$ 2,073.00	62	1074	\$ 2,216.00
May	83	1520	\$ 2,773.00	65	1178	\$ 2,045.00
June	85	1580	\$ 2,026.00	63	1230	\$ 2,303.00
	4616	\$ 6,872.00		3482	\$ 6,564.00	

Pacifica Senior Services provided a total of 15,989 home delivered meals in FY1617, a decline of 1,374 meals from FY1516 due primarily to a decrease in the number of clients lost this past winter. MOW clients contributed \$28,063 to the program in FY1617, compared to \$27,073 last fiscal year.

A Bit of Historical Perspective on Meals on Wheels (Source: Q Continuum)

**Home Delivered Meals Provided by Year**



The MOW program continues to be well-served by 48 volunteers including 26 with standing weekly routes and 22 substitutes. Come September, three routes will be in need of regular volunteers (R2 on Thursday,

R2 on Friday and R5 on Wednesday). If you know anyone who is interested, please have them contact Coordinator Cooney at 650 738-7350.

Starting this summer, we will be coordinating our

- MOW (Meals on Wheels),
- SASH (Shopping Assistance for Seniors Homebound)
- HPHS (Healthy Pets, Healthy Seniors), and
- AOW (Art on Wheels) volunteers

as one big team. This will enable us -- we hope -- to expand the SASH team to serve more clients, to launch the Art of Wheels program with the Sanchez Art Center, and to offer shared trainings, in-services and socials for our volunteers who do the especially sensitive work involved in visiting clients' homes.

While our volunteers are extremely professional and maintain healthy boundaries with clients, bonds of friendship form or deepen as they serve. Route 1 volunteers Shirley Ortega and Georgette Hertzberg shared photos -- taken at the request of client Barbara Ward last month -- that offer a sense of the relationships that come to mean so much to members of the MOW community.



## Transportation



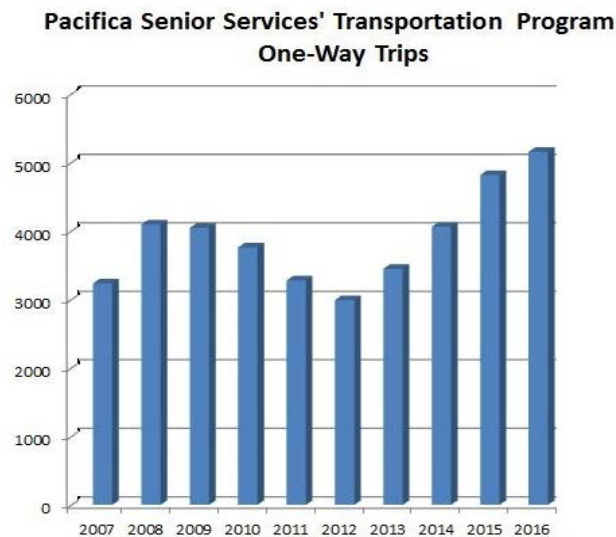
PB&R Director Perez joined Driver Jose Meza on the Seniors bus in June 2017.

For the fourth month in a row, Driver Jose Meza provided over 500 one-way trips to and from the Center and on shopping excursions. (532 in March, 515 in April, 629 in May and 548 in June)! Our 20-passenger bus is typically at capacity most days with Jose making space to safely store as many as 10 walkers per loop. This marks an historic level of service, during which Jose has managed to maintain regular service intervals and a perfect safety record.

Driver Meza, without a doubt, has contributed significantly to the growth of Pacifica's Transportation program. It is important to note, as well, that the transportation program is growing primarily because of the value seniors derive from their experiences at the Center including Congregate Lunch; the

companionship of other seniors, volunteers, visitors and staff; and the incredible array of programs and activities available at the Pacifica Senior Center. We are grateful to everyone, certainly the SIA Council, for making the Center such a vital, fun and worthwhile destination! Thanks, too, to Public Works for keeping our vehicles running!

## A Bit of Historical Perspective on Senior Transportation in Pacifica



### **Programs & Activities** (Submitted by Janis Haynes, Program Coordinator)

#### Intergenerational and Community Outreach/Support

- The Girl Scouts came to the Senior Center to present their community project called, "A Breathe Journey." They were able to teach our seniors about how plants improve the quality of our air in our homes. They brought in 60 Neanthe Bell Palm plants for each senior to take home with them.

#### Life-learning and Health

- FREE Mills-Peninsula Wise & Well Program once a month checking on their heart and blood and along with an educational spot that encourages them to self asses and maintain their health.
- San Mateo County Nutritionist will talk once a month which educates everyone on how to balance food that makes for a healthier diet. She will also do 1:1's as needed for special needs.
- Strength & Balance talk once a month. This keeps everyone thinking and working on their balance.
- The Peninsula Humane society & SPCA continue with Pet Therapy at the Center. "Mollie" a long haired dachshund is our current pet that the seniors look forward to visiting and loving once a month.
- San Mateo county Libraries provide a Pop-Up Library that visits us two times a month for the senior's easy access of books, music, movies and much more. They are an outreach in our city and continue to be an educational asset to our Center.

#### Special Event, Programs and Entertainment

##### April

- Anniversary of the Titanic- presentation "The Ship of Dreams" As you walked in the door you were given a Class Level from the Titanic. From the starting of this cruise you learned what happened from the beginning of the cruise to the end according to your Class Level. Our guests were dressed up and spoke of the history of this grand ship that is now a historical monument at the bottom of the ocean.
- AARP Drivers Safety Course – 18 students received their certificate to continue another three year auto insurance savings.

- The Annual Volunteer Recognition celebration was a great success. Senior Services volunteers love what they're doing and enjoyed the recognition dinner. Each received a shopping bag with our City logo and a "Volunteers Make the World a Brighter Place" pin to wear proudly. Approximately 120 volunteers attended. Special thanks to our City Council and PB&R Commissioners for their service at this wonderful event.



- Easter Celebration with a Spring Hat Contest – Our Receptionist/SIA Board Member, Carol Patania was voted favorite and won the prize wearing the most fabulous hat ever! Carol received a gift card and chocolates, just in time for the Easter Holiday.
- Earth Day we had a visitor from the San Mateo County Environmental Health Services Pollution Prevention Program, that spoke on how we can help the environment. Their focus was on how to dispose of medications correctly, not to put them down the drain or toilet. SPECIAL NOTE: the Library has envelopes for old medicines that they can turn in to the Police Dept. Also reminded everyone about the Pacifica Beach Coalition (Earth Day) encouraging them to volunteer on April 22.

## May

- Grupo Folklorico topped off our Cinco de Mayo celebration. This is a group of Latinas that wear the most beautiful, colorful dresses from their countries to share their history through the music and dance, helping to keep their culture alive.
- The CHP and the office of San Mateo County Supervisor Warren Slocum presented the "Age Well-Drive Smart" seminar for older drivers to improve driver safety. We accommodated approximately 26 participants.



- Mother's Day with Raul's Revu was well attended. Every woman received a long-stemmed rose and enjoyed the wonderful entertainment along with a delicious whipped cream cake for dessert.
- Memorial Day was observed providing a heartfelt opportunity to remember the men and women of our military who gave their lives for our freedom.
- The 2017 Senior Bocce Ball Tournament saw intense competition between four teams and seventeen players. We started the day with coffee

- provided by Starbucks and pastries. Our delicious lunch was sponsored again this year by "Luigi's Italian Restaurant." Members of the winning team, "Rollin," each received a gift certificate for Luigi's, a medal, and a certificate worth bragging rights for next year.
- Pacifica's own Coastsiders performed another outstanding ukulele concert. This is a fun time with friends and family coming to listen and even singing along. The Hula Dancers performed from our Hula Class with their pretty Moo Moo's swaying to the music.

## June

- American Stroke Association with speaker; Dr. Peter Nelson, graduated from Baylor College of Medicine and practiced obstetrics and synecology at Palo Alto Medical clinic from 1978-1996. After a life-changing stroke in 1996, he joined the Pacific Stroke Association Board of Directors in 1999 and served on until 2010. He walked us through what had happened to him and proceeded to educated us on how to prevent or help someone else having a stroke, simply using the F.A.C.E. rules.
- Pacifica Libraries Opportunities - Sharing your ideas to help create the vision for our Pacifica Libraries. Visitors from Group 4 Architecture, Research + Planning, Inc. speaker Dawn Merkes' AIA Leed, came and spoke about our libraries in Pacifica and to see listen to Seniors thoughts. They had a Library outreach kiosk with large 6 foot picture boards and several boxed sections highlighting various library ideas and possibilities. They passed around blue & green dots and asked the seniors to put them in the boxed sections to indicate things they'd like to see in a library. A representative from the City Planning Department also spoke about the project. The seniors asked questions and gave their input.
- Father's Day was so fun, with everyone enjoying the entertainment by Alisa. She is a wonderful dancer and has a special gift with costume design. She brought her two boys with her who then proceeded to help us out by serving all the seniors root beer floats.
- On June 27, 100 Pacifica seniors enjoyed celebrating 90<sup>th</sup> anniversary of Nick's Restaurant. Special thanks to the Gust Family and everyone at Nick's for the generosity shown to seniors at this event as well as all their years of support.

## Other Entertainers:

- Scott Hill on guitar with songs that are easy to sing along to while tapping toes to the rhythm.
- Gene Gibson plays the guitar and sings. He brings back the sounds of the "good old' days."
- Pianist Doug Jones, a very talented musician, creates a special mood during our Congregate program.
- D.J. Rey, a volunteer, brings in his great sound system to spin hits from the 50s, 60s & 70s.

## Upcoming Events:

### July

- Independence Day Celebration with Entertainment
- Cabrillo's Blue Grass Band

### August

- Ukulele Concert with Hula Dancers from our Hula Class
- Seniors In Action Summer Ice Cream Social

### September

- Membership Renewal Kick-Off
- Pre-Holiday Vendor & Crafter Sale
- Note: getting ready for our 14<sup>th</sup> Annual Spaghetti Feed & Silent Auction October 21

## **Information & Referral Services** (Submitted by Karen Parque, I&R Coordinator)

### Shopping Assistance for Seniors Homebound (SASH)

Shopping Assistance for Senior Homebound program volunteers shop for homebound senior in need of groceries and household supplies. Our two volunteer shoppers are currently serving 5 clients. We are always looking for more SASH volunteer shoppers.

### Medical Supply Loan Program

The Medical Supply Loan program provided 30 pieces of equipment to our seniors between April and June. These items included canes, walkers, shower chairs, commodes and wheel chairs.

### Community Outreach

- Pacifica Library staff, including Paula Teixeira, faithfully visit everyone at the Pacifica Senior Center every other Tuesday. Their "Pop Up Library" program offers library materials during our



Congregate Lunch so seniors have the opportunity to check out books, CDs, DVDs and books on tape. Our seniors greatly enjoy and benefit from having the "Pop Up Library" at the Center.

- Once again our Annual Seniors Health and Information Fair was a success. This event offers seniors the opportunity to meet one-on-one with a variety of experts to get useful information for themselves and their mother, father, sister, brother or neighbor. We had over 22 vendors at this year's event including a few new ones like Pacifican Kim Webb, an Audiologist with Kaiser Permanente. We had Mills-Peninsula "Wise and Well" staff offered blood pressure checks. I invite everyone to come to our Annual Senior Health and Information Fair next May. If you haven't been to one, you really should come and observe it.



- The National Crime Prevention Council is working to design, implement, promote, and evaluate a strategic approach to prevent telemarketing fraud and related crimes against seniors by promoting awareness. We have a "Fraud Bulletin Board" in our senior lounge where we keep up on the current fraud scams. We also regularly talk with our seniors in the dining room encouraging them to share stories. Fraud is such an important subject that we invited Assemblymember Kevin Mullin to come and share information on how to keep our seniors safe from fraud.

At the *Senior Scam Stoppers Seminar* hosted by Assemblymember Mullin, we had approximately 85 seniors come from all over the Bay Area to listen and learn from each other and a panel of experts about how to remain safe. In the future, we hope to have the Pacifica City Council, PB&R Commission, and the Pacifica Police Department participate in this seminar.



#### Onsite Services Provided at the Senior Center

- Haircuts – 25 Appointments
- Podiatry - 62 Appointments

#### Responses to Inquiries (In Person and Over the Phone)

- Housing – 10 calls
- Caregivers – 3 calls
- Questions - 20

# Staff Report



PARKS, BEACHES AND RECREATION COMMISSION  
AGENDA SUMMARY REPORT  
July 19, 2017  
Item VIII

## **SUBJECT:**

What's Next? - Future Topics for Consideration

## **BACKGROUND/DISCUSSION:**

In the past year, Commissioners have suggested various topics to be placed on the agenda for further consideration and/or discussion. At a February study session and the subsequent regular meeting, future agenda topics were considered and discussed. As part of the Commission's Annual Report to Council, a "What's Next" section was put together to reflect these items.

The list of items considered at the study session was:

- Water and Beach Safety, Beach Signage/etiquette
- Off-leash dog areas
- Beach Operations
- Fireworks
- Future of Litter
- Surf Camp – additional request from SF Rec and Park
- Beach Wheel Chair Program
- Parks mapping/location – parks, and park maintenance

Commissioners came to a consensus that priorities for future meetings are: Signage, Dog Area, Access to Parks & Beaches, and Fireworks.

On the What's Next page of the Annual Report Presentation, Commission listed the following (not in order of importance):

- Beaches
  - Operations
  - Signage
  - Safety and Etiquette
  - Surf Camps
- Parks
  - Signage
  - Maintenance
  - Field Trip to City Parks
- Fireworks Follow up and Litter Campaign
- Increased Access to Parks and Beaches
- Off-Leash Dog Areas

Staff suggests Commission prioritize items for the next few meetings, decide if they need further information, whether the item should be a study session or a regular meeting item and request any additional information needed from staff.

**COMMISSION ACTION REQUESTED**

Discussion of the topics and direction to staff, including naming two to three priority items for the next two to three meetings.