



AGENDA

Parks, Beaches and Recreation Commission City of Pacifica

WEDNESDAY, OCTOBER 26, 2016
CITY COUNCIL CHAMBERS
2212 Beach Boulevard

7:00 PM REGULAR MEETING

- I PLEDGE OF ALLEGIANCE**
- II ROLL CALL**
- III APPROVAL OF MINUTES** Regular Meeting August 24, 2016
- IV ADOPTION OF AGENDA**
- V SPECIAL PRESENTATION**
- VI ORAL COMMUNICATIONS**
This is the time set aside for the public to address the Commission on items not appearing on the agenda, public input will be considered for items at this time. Please state your name for the record when addressing the Commission. Statements will be limited to three (3) minutes.
- VII ITEMS FOR CONSENT**
 - A) Administrative Narrative
 - B) Aquatics Update
 - C) Child Care Update
 - D) Recreation, Youth and Teen Program Update
 - E) Senior Services and Food Services Update
- VIII ITEMS FOR CONSIDERATION**
 - A) Palmetto Street Scape Presentation - Anne Stedler, Economic Development Manager
 - B) 2016-2017 Budget Presentation – Lorenzo Hines, Assistant City Manager
 - C) Pacifica Subcommittee for the Indigenous Trade Route/Rediscovering America/Portola Discovery Hike 250th Anniversary - selection of member
- IX REPORTS, ANNOUNCEMENTS AND COORISPONDANCE FROM COMMISSIONERS**
- X REPORTS FROM STAFF**
 - A) Director Perez
- XII ADJOURNMENT**

Next Study Session: TBD

Next Regular Meeting – tentatively scheduled for 11/16/16

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**Minutes
Parks, Beaches and Recreation Commission
City of Pacifica**

REGULAR MEETING – 7 PM

Wednesday, August 24, 2016
City Council Chambers
2212 Beach Blvd.
Pacifica, CA 94044

CALL TO ORDER:

Chair Finnegan Martin called the meeting to order at 7:00 PM.

I PLEDGE OF ALLEGIANCE:

The Pledge of Allegiance was led by Commissioner Abbott.

II ROLL CALL:

Commissioners Present: Abbott, Cochran, Finnegan Martin, Mau, Bier, Murphy, and Yakabe

Commissioners Absent: None

Commissioners Excused:

Staff Present: Director Michael Perez, Planning Director Tina Wehrmeister, Public Works Superintendent/City Arborist Aren Clark, Public Works Field Services Manager Ray Biagini

III APPROVAL OF MINUTES:

Chair Mau called for a motion to approve the minutes of the 7/20/16 meeting.

Motion was made by Commissioner Finnegan Martin, seconded by Commissioner Murphy, motion carried 7-0.

IV ADOPTION OF THE AGENDA:

Chair Mau called for a motion adopting the order of the amended agenda.

Commissioner Cochran made a motion to adopt the agenda, seconded by Commissioner Yakabe, motion carried 7-0.

V SPECIAL PRESENTATIONS:

None

VI ORAL COMMUNICATIONS:

None

VII ITEMS for CONSENT:

Chair Pro Tem Mau called for a motion to accept the items for consent.

Commissioner Abbott made a motion to accept the items for consent, seconded by Commissioner Bier. Motion carried 7-0.

VIII PUBLIC HEARING:

Appeal of the Planning Director's approval of Heritage Tree Removal Permit – 1060 Terra Nova Blvd.

Director Perez introduced Planning Director Tina Wehrmeister and Public Works Superintendent/City Arborist Aren Clark. The Director read the staff report and gave an overview of the tree appeal timeline for the Commission. Planning Director Wehrmeister explained the heritage tree removal permit process, describing how she arrived at her decision to grant the permit. She also discussed what options the commission had regarding the appeal.

Commissioner Bier – No questions

Commissioner Murphy – No questions

Commissioner Finnegan Martin – Asked if there were 8 options or 8 trees that were planned for the area.

Commissioner Abbott – Asked Aaron Clark, the city arborist, his opinion regarding the condition of the trees.

Mr. Clark responded that he agreed with both arborist reports since they are each written from a different perspective. He stated that the way in which the trees were pruned by the City's ordinance, they are destroyed but they are not dangerous at this point.

Commissioner Abbott – Asked who is responsible for the pruning of trees

Mr. Clark responded that as long as pruning is done under ISA guidelines anyone can prune the trees.

Commissioner Cochran – Asked what was recommended with the new plantings. Would a sapling be planted or trees that grow faster to provide the residents with more privacy.

Mr. Clark reported that there are different thoughts about this. Smaller trees tend to grow faster since the root system can acclimate to the native soil faster.

Commissioner Yakabe – Asked if there were any representatives from PG&E present.

Mr. Clark stated that there were no representatives in attendance but that the clearances are required by law around power lines and this is based on the amount of voltage running through the lines. He was not aware, however, who had been doing the pruning of the trees.

Chair Mau – Asked if there was any follow up in regard to the request by the Planning Director for the landscape plan to be flushed out more in regard the ground cover to be used.

Director Wehrmeister – Agreed that this was a good point and conditions to this point could be added to the permit with a line added that staff would review the landscape plan.

Mr. Johnston, property manager for Casa Pacifica, addressed the commission and reiterated the arborists report that the trees in question were the wrong trees for the area and the pruning done to avoid the power lines had destroyed the trees.

Commissioner Murphy – Stated that he had gone to look at the trees and did not see any issues with the power lines or the building foundation at the present time. Commissioner Murphy asked if the aesthetics of the trees had added to the decision to remove them.

Mr. Johnston responded that he finds the aesthetics to be unappealing. He stated that the trees are at risk of endangering the foundation of the building and he has had to replace parts of the sidewalk to keep them from being a tripping hazard due to the root structure of the trees.

Commissioner Finnegan Martin – asked how often the owner has had to replace the sidewalk.

Mr. Johnston stated that he has had to replace parts of the sidewalk twice in the last 5 years.

Commissioner Abbott – Asked who authorized the tree trimming.

Mr. Johnston responded that PG&E had been responsible for the trimming. He also stated that he had the trees trimmed a couple of times in order to comply with HUD guidelines for distance from the building which is 18”

Chair Mau – Asked if the property owner has created any rendering for what the property will look like once the new landscaping is done.

Mr. Johnston responded that he believes a rendering does exist but he did not have it with him.

Mr. Bachman, a resident of Casa Pacifica, spoke as the appellant representative. He provided the Commission with pictures of what the replacement trees would look like. He stated that the arborist who was hired by the residents reported that the owner’s arborist report is what usually happens when trees are topped too much but that these trees had not responded in the typical way and were recovering very well. He challenged Mr. Johnston’s statement that the root system of these trees being able to damage the foundation of the building. He urged the commission to deny the permit to remove the trees.

Commissioner Bier – asked where the information regarding the replacement trees had come from.

Mr. Bachman responded that this information was included in the landscape plan.

Commissioner Murphy – No questions

Commissioner Finnegan Martin – asked how many residents live in Casa Pacifica and how many signatures were collected.

Mr. Bachman responded that there were 110 residents and that he had collected 60 signatures.

Commissioner Finnegan Martin asked how many trees were too close to the building.

Mr. Bachman stated that he had that information in another briefcase.

Commissioner Abbott – No questions

Commissioner Cochran – No questions

Commissioner Yakabe – No questions

Chair Mau – Asked if the Casa Pacifica group undertaken any investigation to counter the owner’s statement that the trees were at risk of damaging the building and sidewalk.

Mr. Bachman responded that they had not. It was all they could do to raise the money to hire their own arborist at this time.

Commissioner Finnegan Martin - asked how much money had to be raised by the residents.

Mr. Bachman responded that it was \$250.00.

Chair Mau called for public comments:

Fran Larson – has been a tenant for 20 years and urged the Commission to deny the permit to take down the trees.

Sharon Emerson Smith – Is a resident of Casa Pacifica and urged the Commission to deny the permit to remove the trees or at least reach a compromise.

Betty Garner – Resident of Casa Pacifica spoke to the integrity of the owner and management at Casa Pacifica and urged the Commission to deny the permit to remove the trees.

Julie Thomas – Is a member of the public who passes Casa Pacifica on a regular basis. She spoke to what she has seen the owner do and urged the Commission to not allow the owner to remove the trees.

Brian Speluvu - Does not live in Casa Pacifica but finds the trees very pleasing and does not feel that the trees should be removed.

Mr. Bachman would like to see receipts and other proof of damage to the building or sidewalk.

Commissioner Bier – No Questions

Commissioner Murphy – No Questions

Commissioner Finnegan Martin – No Questions

Commissioner Cochran – No Questions

Commissioner Abbott – No Questions

Commissioner Yakabe – Asked Mr. Bachman about a possible phased plan and wanted to know how the other residents felt about this.

Mr. Bachman responded that this was purely his idea and that he had not asked the other residents.

Chair Mau Closed the public hearing and asked the Commission to deliberate on the Tree Appeal.

Commissioner Bier – Thanked everyone for coming and voiced her concern on only 8 trees being replaced.

Commissioner Murphy – Is not convinced that there is any reason other than aesthetics to remove the trees at this point and he does not feel that this is a valid reason.

Commissioner Finnegan Martin – She has heard that the owner and manager is reporting that the trees are impinging on the building and sidewalk but that the permit application is based on aesthetics which make the other reasons mute.

Commissioner Abbott – Thanked everyone for coming out. She has been looking at the property since the topic of these trees has come out. She has not seen problems with the trees and does not support the removal of the trees.

Commissioner Cochran – Voiced his opinion that communities without trees are very unattractive while communities with trees are beautiful. He would prefer seeing the removal done in a tiered plan which would give everyone a chance to see if the owner would be true to their word, otherwise he would not be in favor of removing the trees.

Commissioner Yakabe – Thanked the public for coming out. He was glad to see non-residents for coming out which he though spoke volumes to the topic. One issue that had not been addressed was deciding what is good for the current vs. future residents. He liked the idea of a phased approach which would be good for both current and future resident. He would like to see an amendment to protect all involved.

Chair Mau – Feels that the commission needs to weigh the desires of the residents against the rights of the property owner. Because of this he would be more in favor of a tiered approach. As he has looked at the property he has seen some trees that he feels need to come down. He feels that the owner could have avoided some of the debate by providing a rendering of the proposed landscape plan that the residents could trust to be done.

Commissioner Bier – Looked at the trees and is concerned about removing all the shade and privacy of the tenants.

Commissioner Murphy – Asked what enforcement there would be to make sure that the property owner replaces the trees.

After clarifying the question Director Wehrmeister stated that this would fall under code enforcement.

Commissioner Abbott – Asked if there were changes to the situation 10 years down the road if this could come back to the Commission.

Director Wehmeister responded that it could.

Motion was made by **Commissioner Finnegan Martin** to uphold the appeal and deny the application for the removal of the heritage trees at 1060 Terra Nova Blvd seconded by **Commissioner Murphy**. Motion carried 5-2

Ayes: Murphy, Finnegan Martin, Bier, Abbott, Yakabe

Noes: Cochran, Mau

IX ITEMS FOR CONSIDERATION:

None

X REPORTS, ANNOUNCEMENTS AND CORRISPONDANCE FROM COMMISSIONERS:

Commissioner Bier: Reported that she visited several different programs that the city offers as well as the dog park and was very impressed. She plans to continue looking at more programs in the future. She attended the Youth Advisory Board meeting and was excited to see bylaws had a bullet point to facilitate feedback from peers in order to advise city staff of the changing needs of teens as it pertains to programing.

Commissioner Murphy: No Report

Chair Finnegan Martin: Announced that the Beach Coalition co-sponsored the Whale talk on Friday and applauded Chris, the building attendant for the evening, for doing a great job. She also announced the upcoming Coastal clean-up on September 17th.

Commissioner Abbott – As the appointee to the Mural Subcommittee she reported that the committee has met four times so far and is in the process of working on a report which may include more than just Murals. They are working on prioritizing locations for Murals. She reported that there is now a San Mateo County dog committee which is working with parks in the county. Many parks have been recently absorbed by the county and many of these parks allow dogs, but the county park policy is that no dogs are allowed. The county is now challenged with looking at various ideas for allowing dogs in the parks. Library advisory committee has met twice so far. If anyone would like more information they can attend a meeting or visit the city website. She announced the upcoming 50/50 show at the Sanchez art center.

Commissioner Cochran – Is looking forward to the Family Fun Fest at the fog fest this year. He also announced the 26th annual fundraiser in Oct. put on by the Pedro Point Surf Club. He applauded the management at the community center

Commissioner Yakabe – Reported that he visited the community Center, attended the Pedro Point Surf club picnic and has been researching Poet Laurette.

Chair Mau - Is still Liasoning with the Seniors In Action and the Chamber. He also met with the Off Leash subcommittee.

XI REPORTS FROM STAFF:

Director Perez reported that the Whale talk on Friday night was a great success; however the organizers arrived early to set up. The Community Center closes at 1:30 on Friday's and reopens at 5:45 and Chris (the building attendant) did a great job accommodating the group and helping get them set up.

The Director informed the commissioners that the Play brochure came out in early August and registration started on August 15th. With the start of the school year Child care has been very busy enrolling new families.

The Poet Laureate selection committee did not meet, but director Perez has sent out information to the members of this committee and is working on the timeline and process for advertising, recruitment, and a plan to have announcements out by the end of September. Dorsetta Hale (current poet laureate) told staff that there are some cities that pay a stipend to their poet laureates.

The off leash subcommittee met last week, staff has contacted San Francisco Rec and Park regarding Sharp Park Beach. The committee is looking at other off leash beach areas close by in California.

The Director attended a Priority Based Budgeting conference in Denver earlier this month with the Assistant City Manager Lorenzo Hines and Police Captain Joe Spanheimer. The director reported that Priority Based Budgeting offers a unique lens to focus community resources on results. The process progresses from a diagnosis to a prescript that ultimately enables local governments/organizations to link funding decisions with priorities. The City of Pacifica went through part of the process last year, which included identifying all of its programs. It is envisioned, that we will continue this process this year with plans of implementing the PBB method for the 17/18 budget

Director Perez is part of a committee regarding the celebration of the 250th anniversary of the European discovery of the San Francisco Bay, which happened in Pacifica on Sweeny Ridge. The name of the committee and possibly the event is tentatively Rediscovering America/Portola Discovery Hike. There is a growing

interest in formally designating the Portola Expedition route as a National Historic Trail managed by the National Parks similar to other trails in the area. The trail through San Mateo County would go through two current National Parks (Mori Point, and Sweeney Ridge). There is also a direct tie to the Sanchez Adobe which was built on the stands on the former location of the Native American Village of Pruristac, which the expedition was known to have contacted before they went to Sweeney Ridge.

There is an opportunity to commemorate the Portola Expedition with a National Historic Trail designation at the County, state and Federal level. Wayfaring signs could be placed to mark the expedition's route on the ground prior to the Portola Expedition's 250th anniversary.

The Director reported that the San Mateo County Parks staff, along with Supervisor Don Horsely, has coordinated committee meetings to work on this project. He attended on behalf of Pacifica, along with members of our Pacifica Historical Society. As information becomes available, he will share it with the commission.

Director Perez reported that after more than 27 years of service with the City of Pacifica Child Care Services, Full-Time Teacher Pat Phelan will be retiring next month. Pat has worked at Cabrillo and Vallemar sites over the years, contributing to the care, safety and education of so many of Pacifica's children. On behalf of the department we thank her for her service and wish her all the best in her future endeavors. In addition our long time Site coordinator at Vallemar, Colleen Wright, will be retiring at the end of this year. Colleen is the only coordinator to ever work at Vallemar.

Upcoming events:

Fog Fest – 9/24-25/16

Fog Jog – 9/25/16

Family Fun Fest – 9/25/16

Senior Services Spaghetti Feed – 10/8/16

Spooktacular – 10/15-16/16

NEXT STUDY SESSION:

NEXT MEETING:

Regular Meeting – 9/28/16

XIII ADJOURNMENT:

Chair Finnegan Martin asked for a motion to adjourn the meeting. **Commissioner Murphy made the motion to adjourn, seconded by Commissioner Mau. The motion passed 7-0** and the meeting adjourned at 8:25 PM.

Respectfully submitted,
Beth Phipps
Recreation Specialist

Parks, Beaches & Recreation Commission
Michael Mau, Chair



Parks, Beaches and Recreation Commission Staff Report

Date: October 26, 2016
To: Members of the Parks, Beaches and Recreation Commission
From: Michael Perez, Director
Subject: Administrative Update

On the following pages you will find information on our most recent quarter of programs and events, put together by department staff. Child Care and youth programs have been in “school year mode” for a few months now and we’ve just come off two very successful fall special events. As usual, there are many exciting things happening at our Senior Center, including a remodeling/construction project. We are looking forward to our upcoming year-end activities as we head into the New Year. As you will see in reports that follow, we had a very successful summer thanks to the hard work and effort by our very dedicated department staff and volunteers.

PLAY

The winter PLAY was mailed out the week of December 5th and all class registration opened up on Monday December 12th. Our next brochure, covering spring and summer activities will be coming out in early March 2017.

Poet Laureate

Dorsetta Hale’s term as Pacifica Poet Laureate ends this year. Commissioners Finnegan Martin, Yakabe and Abbott volunteered to be on the next Poet Laureate selection committee. The application deadline was October 12th. Staff is setting up the selection subcommittee to review candidate materials and participate in interviews. Dorsetta, along with the current San Mateo County Poet Laureate will be part of this group. Most likely interviews will take place in late November.

Dorsetta is tentatively scheduled to come to our November PB&R Commission meeting for a poetry reading and recap of her term. She will also be reading a poem at the December 12th City Council meeting.

Off Leash Areas

Chari Mau and Commissioner Murphy volunteered a few months ago to serve on the Off Leash Areas subcommittee and met in August. Discussions included talk about other off leash areas near our City, potential ones in Pacifica and specially the Sharp Park beach area west of the berm. Information from other California off leash beaches is also being collected, and staff is working on contacting agencies with these areas in their jurisdiction.

After several attempts, contact with San Francisco Recreation and Parks Department (owners of the beach area west of the berm) was made. They have been very busy with a Natural Area Restoration Management project – basically everything in Laguna Salada except the golf course; however, it does not have much to do with the berm and beach. Despite their involvement in this project, staff conveyed our interest in the beach as an off leas area and our desire to meet. We are looking to set up a meeting in November that will include our subcommittee as well as a few key people from San Francisco Recreation and Parks.

Indigenous Trade Route/Rediscovering America/Portola Discovery Hike 250th Anniversary There is growing interest in formally designating the Portola Expedition route as a National Historic Trail managed by the National Parks similar to the Appalachian Trail, Pacific Crest Trail, Juan Bautista de Anza Trail, and others. The trail through San Mateo County would go through two current National Parks (Mori Point, and Sweeney Ridge). There is also a direct tie to the Sanchez Adobe which was built on and stands on the former location of the Native American village of Pruristac, which the expedition was known to have contacted before they went to Sweeney Ridge.

There is an opportunity to commemorate the Portola Expedition with a National Historic Trail designation at the County and State level in California, and the Federal level. Wayfaring signs could be placed to mark the expedition's route on the ground prior to the Portola Expedition's 250th anniversary.

San Mateo County Parks staff, along with Supervisor Don Horsley, has coordinated committee meetings to work on this project. I have attended on behalf of Pacifica, along with members of our Pacifica Historical Society. As information becomes available, I will share it with the committee.

In October with input from Pacifica Historical Society member Pat Kremer, staff put together a meeting of those who expressed interest in participating in a Pacifica-focused subcommittee for this project to discuss Pacifica's involvement in these efforts and the eventual 250th anniversary in 2019.

The group included members the Chair of OSPAC, a GGNRA Ranger, Pacifica Historical Society members, staff from PB&R and Planning, a Sister City Committee member and Mayor Sue Digre. We would also like to include a member of the Parks, Beaches and Recreation Commission

Agenda topics included discussions an overview of the County Committee's progress, Pacifica's participation, who should be involved, the vision for Pacifica in regards to this effort, review of the trail map as well as discussion of the celebration.

Staff Retirement

Our longtime Site Coordinator at Vallemar, Colleen Wright, will retire at the end of this year after 30 distinguished years with the City. Colleen opened up Vallemar in 1988 and she has been the only site coordinator at Vallemar since its opening. Over the years, she has contributed to the care, safety and education of so many of Pacifica's children. On behalf of the department we thank her for her service and wish her all the best in her future endeavors.



Staff Report

DATE: October 26, 2016

TO: Members of the Parks, Beaches and Recreation Commission

FROM: Scott Leslie, Recreation Supervisor
Anthony Schriver, Recreation Coordinator

SUBJECT: **AQUATICS UPDATE SUMMER 2016**

During the summer we offered the opportunity for 45 swimmer aids to expand their skills in lifeguarding, swim instructing, personal growth and development as they assisted staff in the instruction of our learn to swim program. These children, ages 11-18, spent one week in our Swimmer Aid School learning how to teach swim lessons. They were then asked to volunteer time during the summer in assisting with our swim lesson program.



The aquatics program, with help from 12 local donors, promoted health and welfare by offering free recreation swim days on Wednesdays this summer. These donors contributed \$2,500 towards this program, giving 1080 children a free afternoon of swimming. For a fourth year in a row as a marketing strategy, staff came up with “two-for-one Tuesday” program. This program worked very well. We had a total of 430 participants take advantage of the program, which brought our participation numbers up for Tuesdays during the summer. There were also additional participation numbers on Tuesdays, Thursdays and Fridays, thanks to field trips offered by our own child care program.

In addition to the regular evening and Saturday swim program, 6-one week daytime lesson sessions were offered during the summer. Child Care once again participated by encouraging their parents to sign their children up for the classes and providing transportation to the lessons. Some of the swim lessons were covered by a scholarship through the Pacificans Care. This offers a wonderful opportunity for the children who may not normally have the chance to take swim lessons.

Wet & Wild Water Camp was offered twice this summer with 104 participants enrolled. The children had opportunities to learn water safety, diving basics, work on stroke



technique, water polo basics, games, relays were introduced to canoes, surf boards and boogie boards. The all-day option had 48 participants. After a morning full of events at the pool, the all-day campers embarked on a different adventure each day including an Ocean Safety Talk and Presentation, a trip to Mori Point for a watershed discussion and interactive diorama presentation, an afternoon at Linda Mar Beach tide pools, sand castles, and the Friday Raft Races back at the pool.



In July the aquatic staff offered CPR/AED and First Aid classes to the public and to child care staff. We had 11 people participate in these classes.

Due to the Terra Nova pool being renovated the Jefferson Union High School District and the PB&R Department teamed up to plan on how to share the pool space and times where their teams could practice and have minimal impacts on our programs. The Water Polo Team will be practicing M-F 3:30-5:30pm from August 5th – October 27th. The Tiger Sharks swim team is also holding workouts Tuesday and Thursday mornings that are open to the public.

The City of Pacifica created a letter of understanding between the Tiger Sharks swim team and the City of Pacifica underlining terms and conditions of use while holding work outs at the Jean E. Brink Pool. We are pleased to have Pacifica based programs going on at the Jean E. Brink Pool while the Terra Nova High School Pool is being renovated.

When sharing the pool our PSL program will be brought down to 3 lanes for practices and our All Access Membership (AAM) lap swimming times will be cut down by 1.5 hours each day along with access to 1-2 lanes as opposed to 2-3 lanes during their evening lap swimming hours. We have also had to cancel Thursday evening swimming lessons, and AAM swimming for 8 dates due to water polo matches. We are able to extend the AAM membership by 10 days due to them losing out on 10 evenings of their lap swimming. Unfortunately the aquatics unit will not be offering Thursday evening swimming lessons due to water polo matches. This will have an impact in serving our community as they will not be able to take lessons on Thursday nights and the aquatics unit will take in less revenue because of these matches.

2016 Summer Swim Lessons Monday, Tuesday, Thursday and Saturday

	Little Bobber	Tiny Tot	Children	Adults	Semi-Private	Private
Mon. PM	8	8	n/a	6	2	n/a
Tues. PM	n/a	n/a	44	n/a	10	2
Wed. PM	8	8	18	n/a	16	n/a
Thurs. PM	n/a	n/a	28	n/a	10	2
Sat. AM	8	7	32	2	14	1

	Little Bobber	Tiny Tot	Children	Adults	Semi-Private	Private
Total 2016	24	23	122	8	52	5
Total 2015	24	24	126	12	50	4
Total 2014	23	24	124	12	52	4
Total 2013	25	24	125	12	49	6
Total 2012	24	24	123	11	70	6
Total 2011	24	24	104	12	50	6

Special Interest Classes

Wet & Wild Water Camp

Total 2016	93 with 31 enrolled for all day
Total 2015	104 with 48 enrolled for all day
Total 2014	97 with 34 enrolled for all day
Total 2013	142 with 61 enrolled for all day
Total 2012	113 with 54 enrolled for all day
Total 2011	90 with 39 enrolled for all day

Summer Swim Lessons Monday through Friday

In 2015, 2014, 2012 there were six one week sessions. The drop in this year's participation numbers may have been due to cutting the sixth week out because Oceana High School needs the pool for their school year and Physical Education classes.

Four one-week sessions

	Children	S-Priv	Priv
Total 2016	322	10	11
Total 2015	490	12	12
Total 2014	474	12	11
Total 2013	429	12	12
Total 2012	530	12	9

Oceana Pool Rental: July through September

Rental Fees:

- Pool Party: \$125 per hour (up to 50 people, 2 hr minimum)
\$ 15 per hour for each additional 25 people
- Swim Meet: \$110 per hour
- PSL Swim Meet: \$ 85 per hour

	Two-Hour	Three-Hour	Four-Hour	Swim Meet Hours
July	2	2	0	0
August	4	3	1	0
September	3	2	0	28.5

Sea Lions Swim Team

At this time there are 194 swimmers on the team. The Pacifica Sea Lions have been very busy. On July 9th and 10th swimmers that qualified for Junior Olympics swam in San Jose. July 16th and 17th swimmers traveled to Lake Tahoe for a swim meet and team trip. July 29th thru July 31st swimmers that qualified swam at Far Westerns swim meet in Concord. The swim team competed in two meets, one at Morgan Hill and the other in San Jose. In September the team competed here at Brink Pool and the meet was hosted by South San Francisco. In August the team took a trip to the Raging Waters in San Jose.

Membership	2016	2015	2014	2013	2012
Sea Lions - \$72/month	71	64	92	112	111
Pre-Comp - \$62/month	123	100	104	69	84

Practice times:

- Sea Lions 4-6:15 PM– Monday-Friday
- Pre-Comp 6:15-7 PM- Monday-Thursday

There is a 4-day free trial for the Sea Lions Swim Team that starts the last week of each month.

Daytime Aquatics Programs Monthly Participation Totals (includes 5-8 AM (Mon-Fri.) & 8-9:30 AM Sat.)

	July 2016	August 2016	September 2016
All Access	348	284	321
Senior Lap Swim	215	249	223
Adult Lap Swim	502	462	509

	July 2015	August 2015	September 2015
All Access	305	300	306
Senior Lap Swim	230	216	210
Adult Lap Swim	489	426	446

	July 2014	August 2014	September 2014
All Access	315	335	327
Senior Lap Swim	262	221	230
Adult Lap Swim	510	463	446

	July 2013	August 2013	September 2013
All Access	330	211	289
Senior Lap Swim	171	161	150
Adult Lap Swim	453	301	345

	July 2012	August 2012	September 2012
All Access	324	370	317
Senior Lap Swim	148	177	94
Adult Lap Swim	458	500	373

Daytime Aquatics Programs monthly Participation Totals (includes 11 am-1pm in July and August and 10-2 pm in September Mon-Fri. & 11am – 1 pm Sun. + Sat am water aerobics)

	July 2016	August 2016	September 2016
All Access	102	111	222
Senior Aqua X	280	278	345
Senior Lap Swim	286	245	378
Adult Aqua X	132	114	102
Adult Lap Swim	430	415	449

	July 2015	August 2015	September 2015
All Access	122	102	218
Senior Aqua X	240	2445	316
Senior Lap Swim	300	267	356
Adult Aqua X	140	124	94
Adult Lap Swim	411	390	461

	July 2014	August 2014	September 2014
All Access	108	115	210
Senior Aqua X	253	292	306
Senior Lap Swim	313	257	354
Adult Aqua X	138	119	83
Adult Lap Swim	415	370	441

	July 2013	August 2013	September 2013
All Access	142	79	122
Senior Aqua X	231	172	241
Senior Lap Swim	221	188	251
Adult Aqua X	120	82	84
Adult Lap Swim	400	339	408

Daytime Drop-In Program Times

Adult Lap 5:00-8:00 AM Monday-Friday
11-1 PM during the summer Monday-Friday
10-2 PM– Monday-Friday
8-9:30 AM – Saturday
11 AM–1 PM– Sunday

Recreation Swim July 2016

<u>Day/Time</u>	<u>Total Meetings</u>	<u>Attendance</u>	<u>Avg. per Mtg.</u>
Monday 7-9	4	289	72
Wednesday 7:30-9 pm	4	122	31
Friday 7-9	5	462	92
Sat. 1-3 pm	5	194	39
Sun. 1-3 pm	5	184	37
Mon-Fri 1-3 PM	21	1702	81
2016	44	2953	68
2015	45	2818	63
2014	43	2614	61
2013	46	3217	70
2012	43	3112	72

Recreation Swim August 2016

<u>Day/Time</u>	<u>Total Meetings</u>	<u>Attendance</u>	<u>Avg. per Mtg.</u>
Monday 7-9 pm	4	302	75
Wednesday 7:30-9 pm	5	124	31
Friday 7-9 pm	4	498	124
Sat. 1-3 pm	4	270	67
Sun. 12-3 pm	4	268	67
Mon-Fri 1-3 PM	23	954	41
2016	44	2416	55
2015	44	2409	55
2014	39	2146	55
2013	30	1728	58
2012	35	2333	67

Recreation Swim September 2016

<u>Day/Time</u>	<u>Total Meetings</u>	<u>Attendance</u>	<u>Avg. per Mtg.</u>
Monday 7-9 pm	4	164	41
Wednesday 7:30-9 pm	4	148	37
Friday, 7-9 pm	5	264	53
Sat. 1-3 pm	5	149	30
Sun. 1-3 pm	5	224	45
2016	23	949	41
2015	21	941	44
2014	20	870	44
2013	17	932	55
2012	19	765	40

Jean E Brink Pool is open for recreation swim on the following days:

Monday 7-9 PM

Wednesday 7:30-9 PM

Friday 7-9 PM

Saturday 1-3 PM

Sunday 1-3 PM

Prices for drop in swim, swim passes, and swimming lessons went up in price as of July 1st, 2016.

Youth (17 and under)	\$5.00 per swim	\$85 discount pass (good for 20 swims)
		\$45 discount pass (good for 10 swims)
Adult (18-59)	\$6.00 per swim	\$99 discount pass (good for 20 swims)
		\$54 discount pass (good for 10 swims)
Seniors (60+)	\$5.00 per swim	\$85 discount pass (good for 20 swims)
		\$45 discount pass (good for 10 swims)

All Access Membership is available at all times the pool is open with the exception of private rentals.

All Access Membership	\$67 monthly – Adult (18–59)
	\$191 Quarterly – Adult (18-59)
	\$737 Yearly – Adult (18-59)
	\$60 Monthly – Senior (60 and over)
	\$172 Quarterly – Senior (60 and over)
	\$663 Yearly – Senior (60 and over)

Pool will be closed on:

October 31 - Pool Closes at 2pm
November 11 - Pool Closes at 2 PM
November 12 & 13 - Swim Meet
November 24 & 25 - Thanksgiving
December 9 - Pool Closes at 2 PM
December 10 & 11 - Swim Meet
December 24 & 25 - Christmas
December 31 & January 1 - New Years

January 13 after 7 pm
January 14 & 15 Swim Meet
January 16 for MLK Day
February 20 for President's Day
April 16 Easter Sunday
April 23 Swim Meet



Staff Report

Item VII. C) October 26, 2016

TO: Members of the Parks, Beaches and Recreation Commission

FROM: Scott Leslie

SUBJECT: Child Care Update July – September 2016

2016 Summer Programs

The Child Care programs had a very successful summer filled with lots of activities, field trips, assemblies, educational experiences and happy children. Three school-age programs were offered at Cabrillo, Sunset Ridge, and Vallemar sites and preschool programs at Fairmont West, and Vallemar remained open as well.

Special events such as the Wild Animal Show, local walking trips, and other site-specific programs were offered at all sites. Every summer site had weekly trips to the Brink Pool for recreation swim sessions as well as summer outdoor days. Outdoor days included bike rides, nature hikes and trips to the beach. This summer's bus trips were to Cull Canyon and Don Castro in Castro Valley.

This year children attending Child Care once again had the option of signing up for learn to swim lessons at Brink Pool. Child Care children also had the choice to participate in the recreation division field trips including Great America, Raging Waters, and Discovery Kingdom.

The 2016 Pacificans Care Scholarship program received \$7,000 which was used to send local children on field trips, attend special events, and take swim lessons. The summer scholarships continue to support Pacifica youth due to the continued generosity of Pacificans Care. The grant allowed children to attend fieldtrips such as Great America and Raging Waters, and/or receive free swim lessons. The scholarship program makes it possible for many lower income families to enjoy additional recreation opportunities.



QIRS Grants

The Child Care program has received a one-time Quality Improvement Rating System (QIRS) grant of \$13,000 from the State, and a second one-time QIRS grant for \$26,000 from the County. The Child Care staff has been working with the County Office of Education to put forth a finalized plan for the best use of these funds totaling \$39,000. Both the County and site staff agree that upgrading the computers, both for the teachers and the children, needs to happen. Computers, printers, and iPads will be purchased and better access to the internet will be implemented in early 2017. The funds have also been earmarked for additional staff training, furniture replacement and outdoor storage.

Staff and Volunteer Immunizations

The State of California has passed several new laws requiring the City Child Care staff members to prove that they have immunities to several diseases including mumps, measles, and rubella. By September 1st 2016 all child care staff was required to provide proof from their doctor that they have the required immunizations, and any new staff is now required to show evidence upon their hiring. On October 1st, 2016 all staff was also required to provide proof of receiving an annual flu shot or provide a letter requesting to "opt out" of the shot. All volunteers will also have to follow the same State regulations.

Recent Child Care Staffing Changes

In September of 2016 long-time Child Care Lead Teacher Pat Phalen retired from the City. Patty worked at the Cabrillo and Vallemar program sites and helped raise thousands of children over her tenure with the Department and she will be missed. Tara Walsh a long-time member of the Child Care team was promoted to Full-time Teacher II and started working at Vallemar at the end of the summer.



Staff Report

DATE: October 26, 2016

TO: Members of the Parks, Beaches and Recreation Commission

FROM: Michael Moran, Recreation Coordinator

SUBJECT: Youth and Teens Recreation, Special Events and Community Center Rentals Update
July – September 2016

Youth & Teens

Cabrillo After-School Program

This program was started at Cabrillo school half-way through the 2004-2005 academic year for students in the 6 to 8th grade. At a stage in life where positive socialization and self-expression is so important, the After School Program (ASP) provides a safe place for Cabrillo youth to spend time with peers outside the school day. The program allows the teens to express themselves through art projects and activities; they are also given opportunities to maintain a healthy and active lifestyle through play. This program is successful due to the strong collaboration between the PB&R department and Cabrillo school.

With the above goals in mind, staff added some new ways to create a stronger atmosphere for youth to bond with each other and to express themselves. These include a new monthly calendar of activities, off-site walking field trips, the addition of a Wii Game System, a Foosball table, and updated games and art supplies. With the addition of these activities, the youth are spending a longer amount of time at the program and are creating deeper bonds with each other. Field trips for this year will include a visit to: Cold Stone Creamery, Starbucks Coffee, Rock N' Robs, and a movie on the "big screen" at the Community Center.

The program opened on Monday, September 6th and runs Monday thru Friday. At present we have 24 students enrolled.



J-Teen Dances

J-teen dances are held at the Community Center one Friday a month from 7:00 to 9:00 PM. These dances are one of the few opportunities for Pacifica middle school youth to socially interact with students from other schools. Appropriate current music is provided by a new DJ company. A dress code is enforced for all dances. The dances are supervised by PB&R Recreation staff and sometimes additional support is provided by the Child Care and Aquatics division.

The J-Teen Dances for this school year kicked off with a sold out crowd (350 tickets) for both the September and October dances. Tickets were sold out within four days each month.



<u>Future Dance Dates</u>	<u>Dance Theme:</u>
Friday, November 18	Turkey Twirl
Friday, December 16	Holiday Hop
Friday, January 6	January Jiggle

Leaders in Training Education (LITE) program



This summer 35 youth volunteers between the ages of 13 and 17 went through a half day training prior to their summer placements. Training was led by the PB&R staff with an emphasis on leadership and teambuilding. Fun Fest trainer and San Francisco State instructor Drew McAdams volunteered to lead a games session training for the LITE's as well. Throughout the summer these young adults were able to volunteer at either Recreation sites or Child Care centers. The LITE coordinator (with assistance from Child Care and Camp staff) evaluated participants at the end of each volunteered week and provided positive feedback to further enhance their leadership skills. By the end of the summer, 1,860 hours of volunteer time was provided to Pacifica programs through the LITE program.

The addition of the year-round aspect of the program is continuing to be successful. LITE's have been able to volunteer at Parks, Beaches and Recreation events such as the 4th of July Celebration at Frontierland Park, the Fun Fest and are scheduled for the upcoming Halloween and Holiday events.

Special thanks from the PB&R Department to Nicole Hate which volunteered 106 hours at camp this summer. Nicole (pictured below) had 16.5 more hours than any other LITE this year.



Summer Programs – Adventure Camp, Fairmont Playground, & Summer Trips

Adventure Camp

This summer Adventure Camp had 530 youth attend, which is the highest enrollment numbers ever seen in the modern history of the program. This was due in large part to the Recreation staff providing a fun, enriching, adventurous summer for all ages including a new youth program targeted to ages 5-8.



Adventure Camp was held Monday through Friday from 8am-4pm (with an additional option of extended hours 4-6pm). Staff created a summer experience that will hopefully stay with the participants well past the time they have said good bye. From activities and games, theme days and dress ups; the participants lived in a reality where technology was nonexistent and imagination was the tool used to unlock secret worlds and adventures. Working with a limited budget and many years of experience, staff was able to put together a program that produced some of the most consistently positive parent evaluations. Below are some videos and slideshows of Summer 2016.

Explorers Music Video: <http://bit.ly/Explorers2016>

Pioneers Music Video: <http://bit.ly/Pioneers2016>

Fairmont Music Video: <http://bit.ly/Fairmont2016>

Mini-Slideshow Video: <http://bit.ly/AllCamps2016>

Summer 2016 Photos (137 photos): <http://bit.ly/2016SummerCampPhotos>



Fairmont Playground Program at the Esther Hall Neighborhood Center

The Fairmont program was open from 11 am-4 pm this summer. With a new team in place this year staff took the opportunity to make some changes – creating a more dynamic program similar to the activity schedule of the Oddstad campus which left the children wanting more at the end of each day. Twenty-nine youth participated in this 5-week program.



Summer Field Trips

The PB&R department offered the following out of town trips during the summer:

- Six Flags Discovery Kingdom
- Aqua Adventure
- Santa Cruz Beach Boardwalk
- Roaring Railroad
- Water World USA
- Pump It Up
- Great America
- Raging Waters
- Children's Discovery Museum
- Redwood City Roller Rink
- Century 20 Daly City Movies
- Boomerang Bay

Youth who signed up were placed in groups chaperoned by Recreation staff. There were 94 trip campers signed up over the 8 weeks.



Youth Advisory Board

In August, the Youth Advisory Board (YAB) held its first meeting of the school year. Fifteen high school age youth currently sit on the board. This year, the board is very excited to become a visible fixture in the community and has already volunteered at the September J-Teen Dance, Fun Fest, High School Fair, Coastal Cleanup, Parents Night Out, and the October J-Teen Dance. They are also planning on being part of the Halloween Spooktacular event. They are looking forward to providing events and information for Pacifica teens. The staff working alongside the board is very excited with the energy already displayed by the group.

The YABs had their 2nd annual High School Fair on Thursday, September 29th, 2016. We had 11 public and private high schools and 4 tween and teen organizations participate with over 140 youth in attendance during the event.



Special Events

Family Fun Fest

The 2016 Family Fun Fest was held on Sunday, September 25, from 1:00-4:00PM on the field and black top of Ingrid B. Lacy Middle School. This event has been a part of our community for 34 years and it is amazing that it has grown into what it is today.

An estimated crowd of over 1,500 people attended, participating in a wide range of games and activities led by 54 volunteers and 16 PB&R staff. The volunteers, most of whom were San Francisco State students, participated in a weekend-long new games leadership training taught by Drew McAdams.

The volunteers did an outstanding job, displaying enthusiasm and positive attitudes throughout the training and festival. Evaluations of the training were very good.

The Parks, Beaches & Recreation Department was fortunate enough to have the help and support of numerous other volunteers, organizations and businesses to help put on this event including the groups listed below in alphabetical order.

- 2016 Fog Fest Committee
- Accurate Appliance
- Boy Scouts Troop 256
- Kaiser Permanente
- Miller O'Brien Towing
- Drew McAdams, Head Trainer
- Bill Michaelis
- Pacifica 4-H
- Pacifica School District
- San Francisco State Student Volunteers who acted as play leaders
- San Mateo County Library
- Pacifica Youth Advisory Board (YABs)
- Pacifica Leaders In Training Education (LITEs)



Pacifica Community Center

Between the months of July and September, the Community Center was occupied by the following groups/rentals (this does not include the daily on-goings of the Senior Service Department or the contract classes)

Regular Permits include:

Sunday	Victory Outreach Pacifica
Monday	Narcotics Anonymous-Serenity by the Sea Women's AA – Comfortable Shoes Pacifica Oldtimers Newcomers Monday AA
Tuesday	SAM CAR Part-Time Recreation Staff meetings (Bi-Weekly) Victory Outreach Pacifica
Wednesday	Pacifica United Soccer Club (1 st) Pacifica Girls Softball League (3 rd) SAA Pacifica Quilters (2 nd) Pacifica Tiger sharks (3 rd)
Thursday	Pedro Point Surf Club (4 th) Pacifica Toastmasters Pacifans Care (3 rd)
Friday	Golden Gate South - AA Alanon Group meeting Alateen Group meeting J-Teen Dances (Once a month)
July Weekend Rentals	Wedding Reception, PARCA
August Weekend Rentals	Senior Services Vendor Sale, Pacifica Police Dept.
September Weekend Rentals	Fun Fest Training



Staff Report

Item VII. E)

TO: Members of the Parks, Beaches and Recreation Commission
FROM: Jim Lange, Supervisor
SUBJECT: SENIOR SERVICES UPDATE July - September 2016



Funding

Donations/Sponsorships:

- The "Giving Tree" program received \$1,100 between the months of July - September.
- Local businesses, groups and individuals donated an array of gifts to auction at our Annual Spaghetti Feed (Oct. 8th).

Grants:

- Work for the Community Development Block Grant (CDBG) began on August 22nd and was partially completed on September 30th. The approved projects included the following: improvements to our senior bus loading area and East entrance of our Center as well as renovations to the public bathrooms near the dining room—making them safer and cleaner. A rough cost of \$60,000 is planned for the total project (30,000 from CDBG and \$30,000 from a senior services trust account). Senior Services Supervisor and City of Pacifica Engineer prepared project specifications. Our Public Works Department was of great assistance by providing the plumbing and electrical work. Work completed consisted of accessible door openers on each of the bathroom doors and the East entrance to the Center. New tile floors were installed in the restrooms along with partitions, inner-plumbing hardware, toilets, mirrors, garbage receptacles, automatic urinal flushers and hand free faucets. East entrance walkway and railing are scheduled to be completed by mid-October. A concrete bench (similar to the ones on the beach trail) is expected to be delivered by the end of October and set on the new concrete pad near the bus loading zone.
- Pacificans Care continues to support our endeavor to deliver quality programs for our seniors. Most recently, we began our AV project in the beginning of October. This project consists of the purchase and installation of a projector--ceiling mounted motorized screen and remote media box. This system will be utilized by staff, public and professional presenters in presentations for our seniors primarily during our lunch program.
- Supervisor has been working with Metropolitan Transportation Authority (MTV) to review the status of the 8-passenger/ wheel chair assessable bus. Grant was submitted two years ago and the City entered into contract a year ago for 100% funding (\$63,000). At that time it was explained to us that our application was complete and approved, so the State procurement would be notifying us in October 2015 to review the specs of the bus and the bus would then be manufactured and shipped to us in six months. Unfortunately, the process has been delayed and we are now anticipating the bus some time near the third quarter of 2017.

Marketing

- Senior Services brochures and flyers were distributed during the annual Fog Fest. Staff operated an information booth for the second year. Staff and program participants also marched in the Fog Fest Parade.
- MOW/Transportation Coordinator Cooney continues to expose and market our programs with an array of social media, local television and our interior and exterior marques.

Administration

- Supervisor completed and submitted Older American Act (OAA) contracts for fiscal year 2016/17 in September. Contracts mirror 2015/16 contract dollars, but unfortunately the request for an increase in Meals on Wheels units of service was not approved. We were told we will be receiving additional funds when one-time-only funds are released. Supervisor feels it is still a cut because now these one-time-only funds are being utilized to support underfunded units of service (which participation numbers demonstrate) vs. allowing us additional program base support (estimated at approximately \$18,000).
- Supervisor and Director conducted a final recap of our Communication and Relationship Building workshop. Workshop was given to Senior Services Staff and our Recreation Coordinator in August. All participants received some great life learning skills and identified some "best practices" to implement in order to improve communication.
- Supervisor attended the National Meals on Wheels Conference August 29-September 2nd. This is an annual event where participants network with other providers to identify national trends and best practices. The days were filled with multiple workshops and great keynote speakers. Supervisor and MOW Coordinator plan on attending next year.
- Senior Services completed a semi-annual nutrition monitoring by the Area Agency on Aging. No infractions were identified and positive program management was noted.
- Senior Services Staff received "Active Shooter" training on September 28th. Captain Joe Spanheimer, Pacifica Police, did an excellent job in presenting to staff how to handle a situation of an active shooter at the Community Center (or elsewhere). He presented a lot of reality situations that we should be mentally and physically able to consider. Staff will be adapting a policy/procedure for our Division emergency plan.
- SF State Nursing interns began September 1st assisting with Meals on Wheels home and phone assessments. This is working out well for the students and our program. Coordinator Cooney had done an outstanding job implementing and managing this partnership. We are hoping that the SF State Nursing Professor continues the partnership in the spring semester.
- Pacifica Senior Services partnered with Sutter Health Mills/Peninsula Health Services to be a "Wise and Well" site. Wise and Well staff will conduct monthly free drop-in health screenings and education classes. The target individuals are age 60+ who are medically at-risk, low income and ethnically diverse in San Mateo County. Monthly health checks will include:
 - Blood pressure, fasting blood glucose
 - One-on-one individualized health education with a nurse and registered dieticianIn addition to monthly screenings, they will also provide an annual health screening (\$350 value)—by appointment at our Center March 1, 2017. Screening will include: Total Cholesterol, LDL, HDL, triglycerides, blood glucose, blood pressure, body mass index, waist measurement and one-on-one individualized health education

- We have joined “Active Access” partners with San Mateo County providers. This group is a resource for San Mateo County residents to link with recreation programs for healthy activities and nutrition programs. Our programs are listed on their web site and part of their circulations. Active Access is working with local recreation departments and non-profit community partners to promote access to low-cost physical activities in every city in San Mateo County
- Exceed Beyond is now live (100% financials are being inputted and volunteers soon to come). This is the software Senior Services adopted through the leadership of MOW/Transportation Coordinator, Ann Cooney. Ann had programmed, made reports and trained staff with the software. She also worked through the company setting us up to meet our needs. We expect to gain much efficiency through this software.
- Staff has all been recertified with Red Cross First Aid / CPR / AED training. Recertification was conducted by Recreation Coordinator Anthony Schriver.

Meals on Wheels (MOW) / Transportation Coordinator (Submitted by Ann Cooney, MOW and Transportation Coordinator)

Meals on Wheels

- Food Services staff prepared and MOW volunteers delivered 4,767 meals during the 1st quarter of FY16/17, an increase of 718 (18%) over the same period last year.
- Fifteen new clients enrolled in MOW during the quarter bringing the total number of unduplicated MOW clients to 102 so far this year. Pacifica Senior Services served a total of 150 Meals on Wheels clients (unduplicated) last year.
- In the 1st quarter, MOW clients contributed \$7,919.50 toward the cost of the MOW program, an increase of \$2,387.50 (43%) over the same period last year.
- MOW volunteers continue to demonstrate daily that the Meals on Wheels program provides “more than a meal.” In response to volunteers’ observations, First Responders were called twice in a recent week, once to provide life-saving support and, sadly, once to confirm a client had passed away.
- In an exciting development that launched on September 1, Supervisor Lange arranged with Chris Rodriguez of Aging & Adult Services and Lisa Marlowe, SFSU School of Nursing Lecturer for SFSU nursing students to assist with the quarterly re-assessment of Meals on Wheels clients. Under supervision, the nursing students are conducting 3 – 6 home visits a week during which they complete required documentation, review medications and offer needed information and linkages to clients. The students meet with MOW Coordinator Cooney to review their findings of the individual assessments—as if they were giving “Nursing Report” in a hospital setting. This program is off to a very strong start. We are hopeful it will continue well beyond this semester.
- In addition to supervising the nursing students with SFSU Lecturer Lisa Marlowe, Coordinator Cooney continues to conduct all intakes and other re-assessments to ensure Federal (OAA), State, County (AAA) and City of Pacifica program guidelines are satisfied. Careful attention to all guidelines and respect for individual client’s situations ensures that we are serving clients who are genuinely eligible for our programs. During the 1st quarter, we were able to successfully transition two clients off Meals on Wheels to more suitable programs, one of which had been receiving Meals on Wheels for 14 years.



1st

Transportation

- Senior Services driver Jose Meza, with significant support from his Senior Services' colleagues, provided 1,250 one-way trips to and from the Senior Center in the 1st quarter, an increase of 51 (4%) over last year. Additionally, he provided 32 one-way trips to local shopping centers. No medical appointment trips or special excursions were provided during this period. (Driver Meza was on vacation from July 15 – August 16.)



- Coordinator Cooney continues to attend monthly Paratransit Coordinating Council of San Mateo County meetings in order to stay up-to-date on issues relating to transportation for Pacifica seniors and residents with disabilities.

SENIOR SERVICES PROGRAMS (Submitted by Janis Haynes, Program Coordinator)

Intergenerational: Community Outreach / Support

- Sharon Walker & Jim Steele are Friends of San Pedro Valley Park visited and talked about their new vision, the trails, wildlife and programs. One of their goals is to make these programs available for seniors to take advantage of in the upcoming seasons.
- Spindrift Players came for a sneak preview of their production of "Mary Poppins". Box Office Manager/Theatre Administrator, Ruth Amber, brought discount tickets for seniors to attend. Why go to San Francisco when you have a theatre in your own back yard?
- *Pop-Up Library* comes every other Tuesday each month. Circulation supervisor, Paula Teixeira, encourages the seniors to check out books, DVD movies, books on tape, and she even has a kindle. They can provide a library card to new comers and continue to include the seniors in their community contests.
- Project Sentinel Services through Measure A funding provides assistance for all tenants and landlords through e-mail and phone. Ryan Reyes, a representative, educated the seniors and gave tips for a harmonious relationship between themselves and their landlords.
- San Mateo County's Fall Prevention Task Force provided a second Steppin On (SO) program July thru August, using your Measure A dollars. Research shows that participants of this program had a 31% reduced fall risk. This is an interactive program that includes a pharmacist and vision specialist. A free Home Safety evaluation is conducted by a licensed occupational therapist to help make the homes of participants safer. We had 12 students that graduated from this program.
- Big thanks to William Kibblewhite, James Winkler and Marc Eccleston of Kibblewhite Precision Machine Shop for facilitating the repair and modification of our broken Ping Pong table. Ping Pong has become one of our most popular sports here at the Center.
- Health: Jean E. Brink Pool Information with Anthony Schriver. Anthony gave examples of the advantages of how the water can help make you feel good from the inside and the outside. He even gave free passes to some of the seniors to get them started.
- Country Days with the 4H Club was a lot of fun! Rabbits, ribbons and chickens were all outside our front door for the seniors to pet and converse with the kids. They showed off all their story boards from the San Mateo County Fair. One of our sponsors, Westborough Royale provided

root beer floats for everyone, especially for the kids.

- August was Water Quality Month. Joshua Cosgrove, Board President of the North Coast County Water District spoke about water quality and how important it is to our environment. There were several questions about our water reserve and the project at Chrystal Springs. A great time for education and facts.
- AARP Drivers Safety Course is back again for people to review traffic & safety laws. Upon completion the participants receive a certificate for a 3-year auto insurance deduction.

Events executed: Programs and Special Event Entertainment:

July

- Bocce Ball tournament sponsored by Luigi's Restaurant. We had 5 teams of 4 and the best day ever! Starbucks provided the coffee in the morning and Luigi provided the lunch. The winning team members received a certificate to Luigi's Restaurant and a bottle of wine. This was a great way to end the day. Everyone had a good time.
- Our Summer Ice Cream Social is always a treat. This is one way to thank our members for their support. (A little fringe benefit.)

August

- Lana Thomson was voted in as our new SIA Council President. She is a great addition to our Board and has already taken on the responsibility of updating the bylaws. She will be presenting the changes to the Council to vote on at the next meeting in October.
- The Poetry Contest went well. We had 10 seniors that entered. Anna Boothe was the winner and received a \$25 Safeway Gift Card.

Sept

- The Luau Show was a great success! This is our time to remind everyone to renew their Seniors In Action Membership. Participants enjoyed a meal of Pulled Pork and tropical fruit. The auditorium was packed.
- Membership was encouraged by offering a piece of Chef Cindy's Specialty White Chocolate Fudge when you renewed in the first 4 days. We had 234 members renew which brought in \$5,460 in revenue. The homemade fudge was a great idea!
- The Ukulele Autumn Concert was once again a great success for family and friends. Joining together with the Hula Class and its dancers, costumes and music this was a very entertaining time.
- Elena Thomason, who is blind, spoke about dealing with low vision. Her new book "12 Steps to Living with Low Vision" has just been published and is on the market. She donated a copy of the book, which is available in the Health Education Room. She has many contracts providing brail menus for restaurants and other places where it is most needed.

Other Entertainers that perform once a month:

- Scott Hill on guitar and song
- Eugene Gibson plays his guitar and encourages sing a longs during our lunch program.
- Pianist Doug Jones, a talented musician, brings an uplifting mood to our dining program
- D.J. Rey is a volunteer that has a great Bose sound system and spins the best music ever!
- Maestro Lionel Sequeira plays our baby grand for our Birthday Celebrations

Monthly speakers:

- Blood Pressure readings are taken monthly which is used as a monitoring tool for our seniors.
- Tracy Dalton, RD, conducts monthly nutrition talks. She brings food samples and shopping tips

that align with the topic she is speaking about. Tracy also does phone/home visits to MOW clients on an as needed basis.

- Jayah Faye Paley is the new volunteer for our Strength & Balance spot during our congregate lunch (once a month). She will teach the seniors some safe stretches and good walking habits to prevent falls. She encourages the seniors to practice on a daily basis.

Coming up:

October

- Spaghetti Feed & Silent Auction
- AARP Drivers Safety Course
- Oktoberfest
- Pre-Holiday Craft & Vendor Sale
- Intro to APPLE Workshop w/ Judy Mason
- Halloween Party and show w/Raul

November

- Election Day
- Veterans Day
- PG&E Central Coast Energy Service
- Senior Thanksgiving Dinner
- Nicks Holiday Luncheon

December

- Ocean Shore 3rd graders Winter Concert/Marilyn Wells
- Raul's Christmas Show
- Senior Holiday Luncheon
- New Year's Party

INFORMATION AND REFFERAL (Submitted by Karen Parque, I&R Coordinator)



- Shopping Assistance Senior Homebound (SASH) program is currently serving 6 clients. At present we have two volunteers who have been busy meeting the client's needs.

- The medical loan closet handed out 28 pieces of equipment to our seniors from July - September. Canes, walkers, shower chairs, and wheel chairs have been the primary loaned items.

COMMUNITY OUTREACH

- Pacifica Library staff, Paula Teixeira, and other library staff members have faithfully been at the Center every other Tuesday. The "Pop up Library" program brings library materials during our congregate lunch. Seniors have the opportunity to check out books, CD's and books on tape. Many of our seniors are utilizing this service and appreciate it.
- Assemblyman Kevin Mullin hosted a "Fraud Alert Conference California" in San Bruno. We transported some of our interested seniors there because we want to keep them well educated on this issue-- as it is growing throughout California. After spending time at the conference with Assemblyman Mullin—he accepted staff's invitation to host a Fraud Alert conference at our Center for the coastside seniors.

- We are currently planning a presentation from Central Coast Energy Service about the State HEAP (Home Energy Assistance Program). The HEAP program is a service that helps low-income individuals receive a subsidy for their energy bill, assistance with paying an existing energy bill in some circumstances and have linkages to energy efficient appliances at no-cost. Central Coast Energy Services is the fiscal and program administrators for this State program.
- We will be transporting seniors to the "Seniors on the Move" conference on October 25th at the San Mateo County Event Center. This is an annual conference hosted by Senator Jackie Spier and administered through Assemblyman Kevin Mullin. This year's theme is "The good life." Our seniors participate each year and look forward to the exhibits and guest speakers. Coordinator Parque will be hosting an information table at the Conference about our Center and senior programs/services in Pacifica.