

# CITY OF PACIFICA

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### To my beloved Members of the Pacifica Community,

I come to you today to provide you with information and resources to address the latest surge of COVID-19. I know that we are all experiencing the effects of the Omicron variant, and that fear and anxiety are present for many of us. Please know that there are resources available to help us get to the other side. It is important for us to move through this time with compassion and patience. At this time, all essential City Services remain uninterrupted and City Council meetings will continue to be conducted via virtual conference. All City facilities remain open, and we have also increased our cleaning efforts. Thank you for your understanding as new information about COVID-19 continues to be shared by public health officials

It is important to understand that while the Omicron COVID-19 surge is creating a high number of cases, hospitalizations are not going up in the same proportion. The recent emergence of Omicron further emphasizes the importance of getting a primary vaccination series and, if eligible, a booster

We are working closely with the County of San Mateo on this evolving situation, its potential impacts in the City of Pacifica, and how we can best support and protect our community. We are carefully reviewing the latest recommendations from the Centers for Disease Control (CDC), California Department of Public Health (CDPH), and the County Health Officer as we evaluate what changes to make. The CDC, CDPH, and San Mateo County Health remain the best resources for the most updated information about the novel coronavirus and safety tips.

#### **Stay Informed with Accurate Information:**

I encourage the community to stay informed with reliable, timely information directly from San Mateo County Health by clicking the link below. This site provides guidance and infection protocols; testing and vaccination resources, and COVID-19 data tracking for San Mateo County. <a href="https://www.smchealth.org/coronavirus">www.smchealth.org/coronavirus</a>

The other way to stay informed with accurate information is to **Call 2-1-1** for Non-Medical Information with services available 24 hours a day, seven days a week. Residents of Pacifica with non-medical questions should call 2-1-1 for information about the coronavirus. 2-1-1 is a confidential service accessible in 180 languages. You can get answers to questions about how residents, schools, and businesses should prepare for COVID-19, as well as ways to prevent the spread of the virus.

### **Testing Resources:**

San Mateo County is making COVID-19 testing options safe, easy, and free of charge at County-sponsored locations for everyone who works or lives in San Mateo County, regardless of their symptoms. Details are available at: <a href="https://www.smcgov.org/testing">https://www.smcgov.org/testing</a>

You will also find a testing site at the City of Pacifica Parking Lot (corner of Francisco Blvd., and Salada Avenue) operated by Optum Serve/LHI. This testing facility operates on Sundays from 8:00 AM to 8:00 PM. Appointments are available for adults and children ages 1 and older. This is a walk-up testing site; those without an appointment will not be accepted after 7:00 PM. If you do not have internet access or require assistance with registration, contact the LHI Call Center at (888)634-1123. Appointments for children under 13 years old cannot be made online and must be made by calling the call center. On-line appointments and test registration can be made at <a href="https://www.lhi.care/covidtesting">www.lhi.care/covidtesting</a>.

#### **Vaccination Information:**

If you are looking to find a COVID-19 vaccine or booster near you, visit www.myturn.ca.gov.

## **Family Caregiver Support in San Mateo County:**

Family caregivers provide the majority of long-term care for older adults and adults with disabilities. While they may experience many rewards as caregivers, it can also have a significant impact on a caregiver's physical and mental health. During the last two years of COVID, caregivers have experienced additional stress and strain with added worries about infection and the loss of some formal and informal sources of support. **The National Family Caregiver Support Program**, administered locally through Aging and Adult Services and delivered by multiple contracted providers in San Mateo County, provides supportive services to family caregivers with the goal of helping caregivers care for themselves as well as their loved ones.

Finally, to receive weekly updates, please sign up for the City's e-newsletter "Connect with Pacifica" here: www.cityofpacifica.org/government/city\_manager/cwp/default.asp.

I hope this information is helpful to you. The Pacifica community has always come together to support each other. It is what we do best. So please continue to move forward with patience, kindness, and compassion. I know we will get through this challenging pandemic together, even if we're physically apart. **We are #PacificaStrong.** 

Be safe and take care,

Mary Bier Mayor